



**Valley Mountain Regional Center**  
**702 N. Aurora Street**  
**Stockton, CA 95202**  
**(209) 473-0951**



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**VMRC Self-Determination Advisory Committee Meeting**



**DATE:** Thursday, May 21, 2026



**TIME:** 4:30 pm-6 pm

**WHERE:** Online through Zoom

**Zoom Meeting:**

**Join on your computer or mobile app:**

<https://us06web.zoom.us/j/87369107398?pwd=aMZK5maN2Uib9nfM5BKy1GeN3V0zYY.1>

Meeting ID: 873 6910 7398

Passcode: 335821

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One tap mobile

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**For security reasons, you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.**

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: [northvalleyhills@scdd.ca.gov](mailto:northvalleyhills@scdd.ca.gov). Requests must be received by 5pm, on Thursday, May 14, 2026. Spanish Interpretation is at all meetings and doesn't require a special request.*



**Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)**

**REMINDER from the Self Determination Law  
WELFARE AND INSTITUTIONS CODE Section 4685.8**

**Role of this Committee**

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

**The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.**

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

**Self Determination Program**

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

# The 5 Principles of Self-Determination



## Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

## Authority

You decide how money is spent for your services and supports.

## Support

You pick the people and supports that help you live, work and play in your community.

## Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

## Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)  
Thursday, May 21, 2026  
4:30pm-6:00pm

### **AGENDA**

**Item 1: Call Meeting to Order-** Gricelda, chair

**Item 2: Introductions-** Committee members can introduce themselves. Public guests and committee members are welcome to add their names to the chat.

**Item 3: Establish Quorum-** Gricelda

**Item 4: Public Comment-** *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak, but if a speaker needs an interpreter up to six minutes. Written requests, if any, will be considered first. **MAXIMUM 15 minutes.***

*The VMRC SDAC will also allow public comment, not to exceed 7 minutes, prior to action on each agenda item.*

**Item 5:** Request ideas for future meeting topics from committee members and public-5 minutes

**Item 6: Projects-Discussion-**Independent Facilitator Training-RFP?

**Item 7:** Suggestion & Recommendation for a Self-Determination Training for VMRC Service Coordinators & Staff

**Item 8:** Schedule time for the second piece of Judy Mark's Committee Centered Plan/Training-Action

**Item 9: Chair Report-Information/Action -Gricelda 5 minutes**

- Updates from SSDAC
- Outreach events-any events coming up
- Purchase additional community engagement materials-giveaway items and copies of SDP brochure-**ACTION**

**Item 10: Event Workgroup-Information/Action-10 minutes** Dena-Schedule a meeting to discuss opportunities for outreach-

**Item 11: ICC Self Determination Support Project-Information- 10 minutes**-ICC to report update stats, any challenges, any upcoming events? Report for this month was not sent in advance.

**Item 12: Update on the Self Determination Program-Information-10 minutes** VMRC Staff to provide updates to the committee, including Fiscal Report for funding balances for our SDAC. Questions from committee.

**Item 13: Barriers -Discussion-10 minutes** to discuss any barriers that committee members have heard from consumers or family members

**Item 14: Membership-Information-5 minutes** Dena-Updates or needs for membership, openings. Make an effort to fill open positions.

**Item 15: Next Meeting-** The next meeting is scheduled for Thursday, May 21, 2026, from 4:30-6 pm.

The VMRC SDAC meetings are held monthly on the 3<sup>rd</sup> Thursday from 4:30 pm to 6:00 pm. Meetings can be attended virtually on Zoom. For meetings, the Zoom link is the same each month.

**Item 16:** Meeting adjourned.

**Join the VMRC SDAC on Facebook:**

<https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc>

**SCDD SDP Orientation:** <https://scdd.ca.gov/sdp-orientation/?fbclid=IwAR3BNnHWCWlv4qwqXdXgYxfcHubPZnVuJ4KF6hyrpV5bREdsl-8lxZFJdSY>