



Valley Mountain Regional Center
702 N. Aurora Street
Stockton, CA 95202
(209) 473-0951



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VMRC Self-Determination Advisory Committee Meeting



DATE: Thursday, January 15, 2026



TIME: 3:30pm-5pm

WHERE: Online through Zoom

Zoom Meeting:

Join on your computer or mobile app:

<https://us06web.zoom.us/j/87369107398?pwd=aMZK5maN2Uib9nfM5BKy1GeN3V0zYY.1>

Meeting ID: 873 6910 7398

Passcode: 335821

One tap mobile

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For security reasons, you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: northvalleyhills@scdd.ca.gov. Requests must be received by 5pm, on Thursday, January 8, 2026. Spanish Interpretation is at all meetings and doesn't require a special request.



**Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)**

**REMINDER from the Self Determination Law
WELFARE AND INSTITUTIONS CODE Section 4685.8**

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

Self Determination Program

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

The 5 Principles of Self-Determination



Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)
Thursday, January 15, 2026
3:30pm-5:00pm

AGENDA

Item 1: Call Meeting to Order- Kenneth to make an announcement regarding his position on the committee. Gricelda will continue to chair the meeting.

Item 2: Introductions- Committee members can introduce themselves. Public guests and committee members attending via Zoom are welcome to add their names to the chat.

Item 3: Establish Quorum- Gricelda

Item 4: Approval of the agenda-ACTION-Gricelda

Item 5: Chair Report-Information/Action -Gricelda 5 minutes

- SCDD Statewide Self Determination Advisory Committee-report from meeting on Dec 2, 2025 -**Information-** The notes from the SSDAC meeting are in the meeting packet.

Item 6: Event Workgroup-Information/Action-10 minutes Lisa-Updates from December 11th /January 8th Sub-Committee for the Board Retreat on 1/31/26. Approve expenses for payment.

Item 7: ICC Self Determination Support Project-Information- 10 minutes ICC to report update stats, any challenges, any upcoming events?

Item 8: Update on the Self Determination Program-Information-10 minutes VMRC Staff to provide updates to the committee, including Fiscal Report for funding balances for our SDAC. Questions from committee.

Item 9: Barriers -Discussion-10 minutes to discuss any barriers that committee members have heard from consumers or family members

Item 10: Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak, but if a speaker needs an interpreter up to six minutes. Written requests, if any, will be considered first. MAXIMUM 10 minutes.*

The VMRC SDAC will also allow public comment, not to exceed 7 minutes, prior to action on each agenda item.

Item 11: Membership-Information-10 minutes Dena-Updates or needs for membership, openings

Item 12: Next Meeting- The next meeting is scheduled for Thursday, February 19, 2026 from 3:30-5pm.

The VMRC SDAC meetings are held monthly on the 3rd Thursday-from 3:30pm-5:00pm. Meetings can be attended virtually on Zoom. For meetings, the Zoom link is the same each month.

Item 13: Meeting adjourned.

Join the VMRC SDAC on Facebook:

<https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc>

SCDD SDP Orientation: <https://scdd.ca.gov/sdp-orientation/?fbclid=IwAR3BNnHWCWlv4gwgXdXgYxfcHubPZnVuJ4KF6hyrpV5bREdsl-8lxZFJdSY>