

The Power Starts

With YOU!



The SAC6 is the VMRC Consumer Advocate! The Consumer Advocate job is to help with the following:

Ask people what services they need.

Help people to find answers to their questions or problems.

Let VMRC know about issues and the problem. Work together to fix it.

Make sure people always know we are here to help.

Call us or send an unmet needs form to SAC6 if you have unmet needs or questions about the services you get from Valley Mountain Regional Center. We will do our best to help **YOU** speak up for yourself!!

Self Advocacy Council 6

Email: SAC6@VMRC.net

**702 N. Aurora Street
Stockton, CA 95202
Phone: 209-955-3306**

www.vmmc.net

Click on Consumers
then click self-advocacy

Facebook: SAC6



SAC6

Our mission is to help start and support local chapters.



We will learn, inform, discover and keep lines of communication open between people who make decisions that impact on the lives of people with developmental disabilities.

Phone: 209-955-3306

Self Advocacy Groups



SAC6 has a rep on SCDD North Valley Hills Regional Advisory Committee



Sac6 has a rep on the SSAN

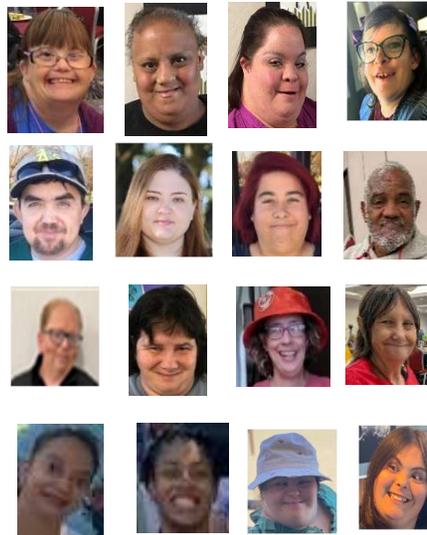


Do you want to join a group? Do you want to start a group? Do you just want to learn more about self-advocacy? Call us at 209-955-3306 or check us out on Facebook: SAC6 or at the VMRC website vmrc.net/Consumers/Self-Advocacy

Area Meetings

Area Meetings:

Self-Advocates gather from the 5 VMRC Counties, Tuolumne, Calaveras, Amador, Stanislaus and San Joaquin Counties. They talk about self-advocacy and learn from speakers about issues that are happening right now. **Meetings are held in February, August and November.**



SAC6 Mission

The mission of SAC6:

- Learn about issues that impact the lives of people with developmental disabilities
- Tell the self-advocacy groups about important issues
- Find out what the self-advocacy groups think about important issues
- Find out what self-advocates want in their lives
- Talk to people who make decisions for people with developmental disabilities, including VMRC and the  SCDD/North Valley Hills, and tell them what the advocates want
- Help the self-advocacy

