

# PROBELM SOLVING TEAM (PST)

## WHAT IS PST?

PST is an internal VMRC process that aims to assist SCs in troubleshooting how to support the complex needs of individuals served. PST also serves as an initial screening to evaluate requests for restrictive devices or denials of individual's rights prior to a BMRC referral.

## HOW DOES PST WORK?

PST meetings are held via Teams every other week on Tuesdays from 9am-11am. The SC signs up for one 15-min time slot per individual served. During this time, the SC presents the case and receives recommendations from the PST team.

## WHY SIGN UP FOR PST?

SCs may choose to access PST for the following reasons:

1. Caregiver is requesting a restrictive device that a clinician has not prescribed as a medical need
2. OT evaluation indicates PST or BMRC approval is necessary for specific equipment
3. SC and their PM determine that PST could assist with identifying new resources for a complex case

## WHAT IS THE SIGN UP PROCESS?

On P Drive, SC completes referral form and signs up for a specific date and time. SC emails referral form and all relevant documents to [PST@VMRC.NET](mailto:PST@VMRC.NET).



## BMRC REFERRALS

- BMRC reviews behavior modification interventions that may cause pain or trauma such as helmets, enclosed beds, and car harnesses (see BMRC flyer for more information)
- SCs must present the case to PST prior to submitting a BMRC referral
- Interventions that could cause pain or trauma are considered a last resort (see Restrictive Devices flyer for more information)

