

# BEHAVIOR INTERVENTION SERVICES (BIS)

## WHAT IS BIS?

Caregiver training based on the principles of Applied Behavior Analysis (ABA)

## WHAT IS ABA?

Behavior Analysis is the science of learning and behavior. Applied Behavior Analysis (ABA) takes what we've learned about behavior and applies these principles to support meaningful behavior change for individuals. This often involves making environmental changes that support the individual learning new skills and engaging in fewer challenging behaviors.

## WHAT DOES BIS INVOLVE?

The VMRC BIS program uses a caregiver training model. This model aims to give caregivers the tools to support their learner's continued development and integration into their community. VMRC contracts with providers trained in ABA to provide this service. Providers first conduct an initial assessment that identifies feasible goals for the learner and caregivers. Then the provider meets with the caregivers weekly for 6-9 months to provide training and support.

## WHAT IS FBIS?

FBIS stands for Focused Behavior Intervention Services. FBIS is a more intensive version of BIS that includes direct intervention with the learner for a limited time to support caregiver training and learner success.



## GETTING STARTED

### ELIGIBILITY

- VMRC individual served (all ages)
- Generic resources for ABA funded by private insurance or by MediCal managed care must be exhausted
- Caregivers willing to participate
- Service setting does not have an ABA provider on site

### REFERRAL PROCESS

- IPP team identifies a need for behavioral support
- SC shares this flyer with caregivers and discusses whether BIS would be a good fit
- SC submits referral form and relevant documents to BIS team
- BIS team identifies an appropriate provider
- Provider contacts caregivers to begin BIS services

VALLEY  
MOUNTAIN  
REGIONAL  
CENTER

