



The START Model provides prevention and intervention services to people with intellectual/developmental disabilities and complex behavioral health needs through crisis planning and response, education, consultation and coaching.

WE CAN HELP IN THE FOLLOWING SITUATIONS:

- Is currently experiencing crisis.
- Is currently at or has been to a psychiatric hospital within the past 24 months.
- Has been referred for additional staffing or has been receiving enhanced (one-to-one or more) staffing for an extended period.
- Has a history of multiple community placements over the past 12 months due to challenging behavioral presentation.
- Has complex mental health needs that have required crisis intervention, calls to 911, and/or frequent medication changes within the last 12 months.
- Has an unclear diagnosis and treatment formulation.
- Is at risk of losing their work, home, or community services due to behavioral presentation or unmet mental health needs.
- Is presenting with complex behavioral, medical, and/or trauma-related issues.

OUR APPROACH:

- Positive Psychology
- Biopsychosocial Approach
- Wellness-based
- Person & Family Centered
- Cultural Competence
- Trauma Informed Care

WHAT DO WE OFFER:

- Cross Systems Crisis Plan Development
- System Consultation and Education
- Crisis Response
- Community Partnerships
- Therapeutic Coaching

ELIGIBILITY

- 6 years old and above.
- diagnosed with developmental disability, and has co-occurring mental health needs.
- has previously been made eligible for regional center services.

HOW TO MAKE A REFERRAL?

We only accept referrals from Regional Center. If you are interested to our services, talk to your assigned regional center service coordinator/ case manager in order to start the referral process.

CONTACT US:

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VIRTUAL COMMUNITY EDUCATION

Any community members can attend.
Every Last Friday of the month at 10AM.
Zoom Link: [VCE Link](#)
Passcode: 12345