



**Valley Mountain Regional Center
Board Training Plan/Curriculum (2023)
Submitted: December 28, 2022
Resubmitted: January 4, 2023**

To: Mr. James Ford,
Department of Developmental Services
From: Tony Anderson, Executive Director
Valley Mountain Regional Center

Re: Valley Mountain Regional Center 2023 Board Training Plan

Overall Approach to Board Development

The Valley Mountain Regional Center Board of Directors meets for Board Meetings 7 times per year (February, April, June, July, August, October, and December). All of these meetings are preceded by a 1-hour training to the Board on a topic of relevance. Regional center staff, management and senior leaders, community partners and stakeholders can conduct the training, contractors for special projects required by the regional center, or other designated experts in a field or topic relevant to board governance of the agency.

In addition to the 7 trainings provided, the Board also meets on 1 Saturday per year for an annual Board Retreat. On this day board members receive updates by senior management and legal counsel on the business of the regional center, and their roles, responsibilities, and expectations as board members. Board members are also given the opportunity to ask questions of the senior management.

Curriculum

February 22, 2023 - Segment 1: Strategic Planning and Diversity Equity and Inclusion
Topics include: Training, Consumer Health (Physical and Emotional), Consumers Feel Empowered (& Supported), Outreach, Connection, and Engagement, and Organizational Culture. Presenters: Tony Anderson, Executive Director, Brian Bennett, Director of Community Services, Doug Bonnet, Spec. Assistant to the Director, Christine Couch, Director of Consumer Services (Adults), Tara Sisemore-Heaster, Director of Consumer Services (Children), and Bud Mullanix, Director of Administration. Mark Crear, DEI Manager - DEI introduction and the DEBI committee.

April 26, 2023 - Segment 8: Special Programs

Early Childhood Case management, Employment First, Foster Grandparent
Additional presenters: Tara Sisemore-Hester, Director of Consumer Services (Children)

Early Start and Early Childhood, Provisional Eligibility, and Self-Determination), Elizabeth Diaz, Self-Determination Program Manager, and Enos Edmundson, Employment Specialist, and Sarah Darby, Foster Grandparents and Senior Companions.

June 28, 2023 - Segment 3: Due Process/Fairness

Individual appeals and complaints, 4731, Whistleblowerⁱ, Fair Hearing Process, Vendor Appeals, regional center Transparency requirements.

Additional presenters: Jason Toepel, Compliance Manager.

July 2023ⁱⁱ - Segment 4: Board Governance:

Relation to DDS, DDS Contract analysis, Board Composition Requirements, Board Contractual Requirements, Governance principles, Conflict of Interest.

Additional Presenters¹: Bylaws Committee Chair

August 2023 – Segment 5 Board Retreat: Board Governance

VMRC Ethics and Board Member responsibilities and roles. History of the regional center system and developmental services. Linguistic and Cultural Competence, Enhanced Caseload and Deaf and Hard of Hearing Services.

Additional presenters: Gaby Lopez, Cultural Specialist Manager and the Deaf and Hard of Hearing Specialist.

August 2023 - Segment 6: Individuals We Serve and Person-Centered Thinking

Case finding, Intake, IPP process, Self Determination Program

Additional presenters: (1) Christine Couch, Director of Consumer Services (Adults), (2) Tara Sisemore-Heaster, Director of Consumer Services (Children), (3) Intake representative, (4) a Service Coordinator or Program Manager to describe hands on IPP process; (5) SDP specialist

October 2023 Segment 7: Vendor community

Vendorization, Getting information on unmet needs, the contract process with vendors, resource development, QA and oversight, Corrective Action plan, and collaboration with Licensing.

Additional presenters: Brian Bennett, Director of Community Services, may be accompanied by the division managers for Quality Assurance and Resource Development.

December 2023 Segment 2: Forensic Issues

Legal issues confronting individuals served: Criminal (competency, diversion), Probate (6500s, Conservatorships/Guardianships), Landlord Tenant, RCFs, DCs

Additional presenters: Neidra Clayton, Deflection Program Manager.

ⁱ This training will discuss our Board Approved Whistleblower Policy to include, but not be limited to the board's role in implementing the policy.

ⁱⁱ From July forward the specific dates of board meetings will be determined by the board of directors in a vote during the June board meeting.

¹ Additional Presenters are content experts at Valley Mountain and may designate one of their staff with more intimate knowledge of topic areas and in some cases their presentation may be supplemental or follow-up to the designed trainings by Matthew Bahr.