Valley Mountain Regional Center
702 N. Aurora Street
Stockton, CA 95202
(209) 473-0951

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<u>VMRC Self Determination Advisory Committee</u>

DATE: Thursday, November 17, 2022

TIME: 3:30pm to 5:00pm

WHERE:
In Person: Valley Mountain Regional Center-Cohen Boardroom, 702 N. Aurora St, Stockton, CA
    OR
By Zoom Call:
Join Zoom Meeting

https://us06web.zoom.us/j/83559099001?pwd=bEN1TVA5UlJlL05YczRXeGZVbGNudz09

Meeting ID: 835 5909 9001
Passcode: 668134

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Passcode: 668134

For security reasons you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: northvalleyhills@scdd.ca.gov Requests must be received by 5pm, on Thursday, November 10, 2022.

Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)

REMINDER from the Self Determination Law
WELFARE AND INSTITUTIONS CODE Section 4685.8

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings-so everyone is welcome.
The focus of this committee is to discuss the
Self Determination Program
This is not the meeting for individual concerns/issues about
traditional VMRC services and supports. Please contact your
service coordinator for help on individual concerns.

The 5 Principles of Self-Determination

Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.

DDS Department of Developmental Services

Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)
November 17, 2022
3:30pm to 5:00pm

AGENDA

Item 1: Call Meeting to Order- Mariela Ramos-chair

Item 2: Introductions- Committee member roll call. Community members can introduce themselves using the chat if on Zoom or sign in if attending in person.

Item 3: Establish Quorum- Mariela Ramos-chair

Item 4: Approval of the agenda-*ACTION*-Mariela Ramos-chair

Item 5: Approval of the Minutes from August 18, 2022-*ACTION* Since there was no quorum for the September or October meetings, the meeting summaries will not be voted for approval.

Item 6: VMRC SDAC Special Events Workgroup-*ACTION/Information-Dena-*September 8, 2022 & October 13, 2022 & November 10, 2022-recommendations from workgroup will be discussed and voted on.

Item 7: VMRC SDAC By-Laws Sub-Committee Update Request- *Information/Discussio*n-*Jeff Lazaro-*presentation of By-Laws DRAFT document

Item 8: Statewide Self Determination Advisory Committee (SSDAC)-*Information*-*Mariela*-updates or announcements from Statewide SDAC

Item 9: Self Determination Support Project-*Information-Melanie Gonzales*-Updates on progress of the project

Item 10: Self Determination Support Project for Spanish speaking families/consumers-*Information*-Tony/Leadership-status update

Item 11: Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak, but if need an interpreter up to six minutes. Written requests, if any, will be considered first. The VMRC SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

Item 12: Update on the Self Determination Program-*Information*- Tony Anderson, VMRC Executive Director-any updates from DDS and confirmation/status of VMRC SDAC funding-deadlines and expenditures, including books-status of order.

Tara Sisemore-Hester, Director of Consumer Services-Children-provide updates to the committee.

Item 13: VMRC SDAC Membership Update-*Information-Dena*-Updates on membership and needs.

Item 14: Self Determination Issues-*Discussion*-Advisory Committee & VMRC Staff-Time for committee members or VMRC staff to share any issues, questions or success stories regarding Self Determination, or announcements of upcoming trainings or opportunities for participants.

Item 15: Next Meeting- December 15, 2022, 3:30pm to 5:00pm, in-person or by Zoom

The VMRC SDAC meetings are held monthly on the 3rd Thursday-from 3:30pm-5:00pm. Meetings can be attended virtually or in-person at VMRC-Stockton Office, 702 North Aurora Street, Stockton, CA 95202.

Item 16: Save-the-Date for the quarterly Meet & Greet-January 23, 2023, 6:30-8pm, to be held virtually on Zoom, or in-person at VMRC. The topic still to be determined.

Item 17: Meeting Adjourned