



**Valley Mountain Regional Center
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Stockton, CA 95202
(209) 473-0951**



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VMRC Self Determination Advisory Committee



DATE: Thursday, January 20, 2022



TIME: 3:30pm to 5:00pm



WHERE: ZOOM CALL-See How to Connect Below

Join Zoom Meeting

<https://us06web.zoom.us/j/86079972643?pwd=YWh3dWtqUHNaVjdNWEpkNWNVVEdaUT09>

Meeting ID: 860 7997 2643

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For security reasons you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: northvalleyhills@scdd.ca.gov
Requests must be received by 5pm, on Thursday, January 13, 2022.*



**Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)**

**REMINDER from the Self Determination Law
WELFARE AND INSTITUTIONS CODE Section 4685.8**

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

Self Determination Program

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

The 5 Principles of Self-Determination



Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)
January 20, 2022
3:30pm to 5:00pm

AGENDA

Call Meeting to Order- Mariela Ramos-chair

Introductions- Committee member roll call. Community members can introduce themselves using the chat.

Establish Quorum- Mariela Ramos-chair

Approval of the agenda-***ACTION***-Mariela Ramos-chair

Approval of the Minutes from December 16, 2021-***ACTION***

VMRC SDAC Special Events Workgroup-***ACTION/Information-Dena***-January 13, 2022-recommendations from workgroup will be discussed and voted on. Agenda for 1/24 Meet & Greet to be finalized.

Statewide Self Determination Advisory Committee (SSDAC)-***Information-Mariela***-any current updates

Self Determination Support Project-***Information-Melanie Gonzales***-Updates on progress of the project.

Self Determination Support Project for Spanish speaking families/consumers-***Information-VMRC SDAC Leadership meeting with VMRC-RFP status.***

Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The VMRC*

SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.

Update on the Self Determination Program Phase In & Orientation-

Information- Tony Anderson, VMRC Executive Director-any updates from DDS and confirmation/status of VMRC SDAC funding-deadlines, expenditures and translation of DVU publications.

Tara Sisemore-Hester, Director of Consumer Services-Children-provide updates to the committee.

SDAC Membership Update-Information-Dena-Updates on membership and needs.

Self Determination Issues-Discussion-Advisory Committee & VMRC Staff-

Time for committee members or VMRC staff to share any issues, questions or success stories regarding Self Determination, or announcements of upcoming trainings or opportunities for participants.

Next Meeting- February 17, 2022, 3:30pm to 5:00pm

SAVE THE DATE-Quarterly Meet & Greet scheduled for January 24, 2022, 5pm-8pm, on Zoom.

Due to many committee members participating in distance learning, meetings will be held monthly on the 3rd Thursday-from 3:30pm-5:00pm.

Meeting Adjourned