

First Aid and Cardio Pulmonary Resuscitation (CPR)
VMRC Board Approved – July 10, 2006

Valley Mountain Regional Center requires all service providers to assist consumers with obtaining medical, dental and psychiatric care and treatment to meet consumers' needs including current certification and the physical ability to provide necessary First Aid and CPR during an emergency. Emergencies are unexpected events that may require First Aid, CPR or Rescue Breathing and/or prompt medical attention such as calling 911. All staff persons providing care and supervision to consumers must complete an approved course in First Aid and CPR such as through the Red Cross or other agencies that meet Red Cross standards and maintain current certification. Internet training will not suffice because these trainings do not allow for practical demonstrations of competency.

Adequate and appropriate First Aid supplies and equipment are required to be kept on-hand for all programs that provide any degree of consumer care and supervision, whenever and wherever such care and supervision are provided, including but not limited to the program site, in the community or at a consumer's home. Equipment and supplies include at minimum, a current First Aid manual approved by the American Red Cross, the American Medical Association or a state or federal agency, sterile first aid dressings, bandages or rolled bandages, adhesive tape, scissors, tweezers, thermometer and antiseptic solution. Automatic External Defibrillators, CPR masks and CPR boards or other equipment may also be used with approved training described in Community Care Licensing regulations.

During a medical emergency, staff must call 911 and follow their directions. First Aid and/or CPR or Rescue Breathing, must be initiated unless otherwise directed by 911 or the emergency medical response personnel. If a consumer has a Request to Forego Resuscitation Measures, an Advanced Health Care Directive and/or a Do-Not-Resuscitate (DNR) Form in their facility file, staff must call 911 and follow their directions. First Aid and/or CPR or Rescue Breathing, must be initiated unless otherwise directed by 911 or the emergency medical response personnel. Upon arrival of the emergency medical response personnel, staff must present the Request to Forego Resuscitation Measures, an Advanced Health Care Directive and/or a Do-Not-Resuscitate (DNR) Form to the responding emergency medical personnel and identify the consumer as the person to whom the order refers. In cases where a physician, registered nurse or licensed vocational nurse is in the presence of the consumer at the time of the emergency, the Request to Forego Resuscitation Measures, an Advanced Health Care Directive and/or a Do-Not-Resuscitate (DNR) Form may be presented to the medical professional in charge, if they choose to accept responsibility for the emergency. The licensee of the administrator should be notified after the consumer has been provided with the necessary First Aid and 911 have been called and/or the emergency has ended. The service provider must notify VMRC and other agencies per regulatory requirements (see procedures for Special Incident Reports, T17-54327).