### SAC 6 Chatter Letter



Spring 2021

#### Meet the New SAC6 Officers

My name is **Catrina Castro** and I represent Open Door Services in Manteca. I am also the new **Chairperson** for SAC6. change! Thank you for welcoming me! My Journey stated with SAC6 in 2018 I became a member of the Finance Committee. Since then, I have continued my Advocacy work and now have been chosen to sit on the DDS Department of Disability Services CAC Consumer Advisory Committee. I am super excited to be a part of this Self Advocacy group.



My name is **Jessica Quesada**, and I am the new SAC6 **Vice Chairperson and the secretary**. I represent Valley CAPS PLUS in Manteca. My Self Advocacy Journey started many years ago at my Day Program I was secretary. I was than chosen by my Day program to represent them on the SAC6 Board. I have had the role of Chairperson, Vice Chair, and Secretary. I believe everyone has a voice and we should all us it.





Hi, my name is **Steven Herrera** and I represent Open Door Services in Manteca. I am also the SAC6 **Sargent of Arms**. Some of my responsibilities is making sure everyone stays on topic at our meetings and I enjoy this!



Hi, my name is **Kerstin Williams** and I am the SAC6 **Treasurer**. I am also on the VMRC Self Determination Advisory Committee, SCDD North Valley Hills Regional Advisory Committee, CHOICES Institute, and a member of Person Centered Services People First. My responsibilities as the treasurer is to make sure SAC6 follows the budget and we do this at our Finance Committee.

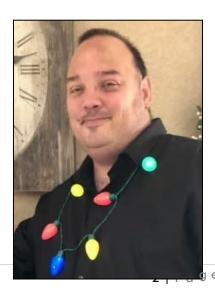
#### **WELCOME NEWEST MEMBER TO SAC6**

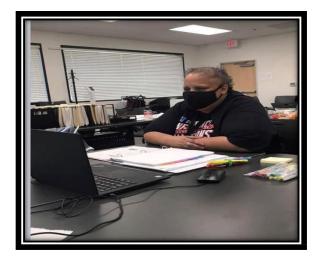
SAC6 continues to grow and impact the lives of persons with and developmental disabilities.

Michael Owens is the newest member to SAC6 he represents
Stanislaus County Advocates group. He started his local group in 2021 with three of his friends who believe in living the best life according to their choices.



**ADVOCATES** 





SAC6 Consultant **Lisa Utsey** at VMRC. As I joined the VMRC Lets Talk: promoting and Engaging in Advanced Care Planning training. I believe in Advocating for values of empowerment in all decision making about services for people with developmental disabilities.





Jessica Quesada- This year was quite different for the Night to Shine with being Quarantined and all. But that did not stop me! I got all dressed up for the annual Night to Shine. This year we celebrated through Zoom. I still had fun getting all dressed up and seeing my friends dressed up on Zoom.





**Dena #1** Celebrating her Lucky by dressing up in her festive green and hunting for leprechauns and her pot of gold at the end of the rainbow at Lodi Lake. "I had lots of fun with my sister"!

#### Supported Life Institute

Dena #1 and Jessica
representing SAC6 on the
Supported Life Statewide
Conference Planning
Committee. This year's
conference will be via zoom.
Zoom is the way in 2020-2021.
Even though we are all staying
safe at home our Advocacy
work didn't stop.



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Spring is one of the four seasons and transition from winter into summer and usually occurs during the months of March and April and May. Before the 14-century spring was called lent in old English. It was the time of the year when plants started springing from the ground. Common Spring flowers are Lilacs and Daffodils and Iris and tulips and Dandelions by Crystal Enyeart

#### Up Coming Events- Mark Your calanders

VMRC Stanislaus Transition Fair April 27<sup>th</sup> in English and April 29<sup>th</sup> in Spanish
CHOICES Conference May 14, 2021 in Honor of Wilma Murray
Supported Life Conference May 7, 2021

Make sure to check out the VMRC website for information on our Friday Zoom Chats.



# SAC 6 is YOUR VMRC Consumer Advocates! WANT a SAC6 Member to come and speak to your group?? JUST CALL US!

Check us out on Facebook; Sac 6 or on VMRC's website <u>www.vmrc.net</u> then click.

Consumers then click Self Advocacy.

Phone: 1-209-955-3306



## WANT TO BE IN AN UPCOMING CHATTER??? Contact us!!!



This Chatter SAC6 letter has been brought to you by our members:

Tehcnical support by SCDD North Valley Hills

