

Table: **CDC Recommendations for Staying Safe & Our Response.** This table lists the recommendations from the CDC paired with what our community is doing to achieve each recommendation (as of December 18, 2020).

Steps to keep People Safe	What is VMRC Doing to Achieve this Step
Universal use of face masks.	Distributed about 200,00 Masks/Face Coverings to consumers, Providers, and Regional Center Staff (a joint effort with SAC6 and SCDD)
Physical distancing and limiting contacts.	Day Programs, Transportation and even residential providers have built into their “mitigation plans” their procedures to maintain distance in their program sites and in delivering service. VMRC has reviewed these or is in the process.
Increased testing, diagnosis, and isolation.	Licensing has required testing protocols, provided some resources, providers are testing staff and consumers regularly now as required standards for licensed homes and programs.
Safeguarding persons most at risk for severe illness or death (Certain underlying medical conditions also increase risk for severe illness or death for persons of any age with COVID-19).	VMRC has developed strict protocols restricting access to services for consumers with vulnerable health conditions in specific services. Our clinical team now reviews all requests to challenge this and ensure all involved are fully informed of the risks and consequences.
Avoiding nonessential indoor spaces and crowded outdoor settings.	Our regional center offices have been closed to public activities since March. All providers are required to maintain physical distance and no more than 10 people in a room. Stay at home order for nonessential services are being checked on through phone surveillance.
Prompt case investigation and contact tracing to identify, quarantine, and test close contacts.	Our clinical staff has been intimately involved in the contact tracing of all reported consumer cases, they provide consultation and guidance on all matters related to methods for quarantining and isolation. Our Human Resources has engaged in a robust contact tracing process if someone working in the VMRC buildings tests positive.
Protecting essential workers.	Our provider community has raised funds to buy additional cleaning supplies for their colleagues who are having trouble accessing supplies to protect the essential worker. In addition to the 200,000 face coverings we’re distributing during our weekly PPE drive through events in partnership with SCDD and SAC6 in our region we all have provided: 3600 bottles Mini

	Hand Sanitizer, 600 bottles of Gallon sized Hand Sanitizer, 2500 Surgical Gowns, 7540 Face Shields, and 80,000 protective pairs of gloves (numbers through Nov 2020)
Postponing travel.	Many providers have a standard practice of taking vacations out the of the area every year but this summer this stopped unless the whole group could cohort together. Staff traveling out of state were required to quarantine upon return.
Widespread availability and use of effective vaccines.	Our clinical director has reached out to each of our county public health officers and provided contact information of who are providers are who should be receiving the vaccinations in the first round. VMRC has sent an advocacy letter from the Executive Director to each Public Health Officer in our area advocating for the Consumers and DSPs to be among the first to access the vaccines as well as our staff who work in direct contact with our consumers.