

VALLEY
MOUNTAIN
REGIONAL
CENTER



Valley Mountain Regional Center
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Stockton, CA 95202
(209) 473-0951

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www.vmrc.net

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ZOOM CALL-See How to Connect Below

VMRC Self Determination Advisory Committee



DATE: Thursday, April 16, 2020



TIME: 10:00am to 11:30am



WHERE: ZOOM CALL ONLY

Join Zoom Meeting

[https://zoom.us/j/987563784?](https://zoom.us/j/987563784?pwd=cFBWNnFIOT1bDByS2xQR1BqNzM0Zz09)

[pwd=cFBWNnFIOT1bDByS2xQR1BqNzM0Zz09](https://zoom.us/j/987563784?pwd=cFBWNnFIOT1bDByS2xQR1BqNzM0Zz09)

Meeting ID: 987 563 784

Password: 401865

One tap mobile

+16699006833,,987563784# US (San Jose)

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the

SCDD North Valley Hills Office

2529 W. March Lane Suite 105 or by phone: 209-473-6930 or

Email: northvalleyhills@scdd.ca.gov

Requests must be received by 5 pm, on

Thursday, April 9, 2020



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)

REMINDER from the Self Determination Law
WELFARE AND INSTITUTIONS CODE Section 4685.8

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings- so everyone is welcome.

The focus of this committee is to discuss the

Self Determination Program

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

The 5 Principles of Self-Determination



Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)

April 16, 2020

10:00am to 11:30am

AGENDA

Call Meeting to order- Mariela Ramos-chair

Introductions- Committee Members and audience

Establish Quorum- Mariela Ramos-chair

Approval of the minutes from February 20, 2020 - ACTION

Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The VMRC SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

Update on the Self Determination Program Phase in & Orientation during the COVID-19 Pandemic- Information Tony Anderson- VMRC Executive Director/
Cindy Mix Director of Case Management

Next Meeting –May 21, 2020, 3:30pm to 5:00pm.

Meetings are held monthly on the 3rd Thurs -time will alternate monthly-
morning (10-11:30am) & afternoon (3:30pm-5pm).

Meeting Adjourned