



## QA “QUICK TIP”

In facilities providing meals to residents, the facility shall provide three nutritionally balanced meals and snacks each day and should be of good *quality* and *quantity* to meet the needs of the residents. Foods should be wholesome and fresh and meals should reflect a variety of tastes and cultural/ethnic origins. Dietary restrictions and/or medically prescribed special diets of individual residents are followed and documented. Menu's shall be written at least one week in advance and copies of the **menus as served, including substitutions/changes made to the menu**, shall be dated and kept on file for at least 30 days. Facilities that do not prepare lunch for residents attending school/day program will purchase a lunch for those residents and personal funds (P&I) will **not** be used as it remains the responsibility of the facility. When the facility takes residents out for a restaurant meal, based on resident choice, the facility will contribute their share of the meal based on the facilities “share of cost” (or average cost of facility-prepared meal breakfast, lunch or dinner). Contact your QA Liaison if you have questions.

