



**VMRC Self Determination Advisory
Committee Meeting
Minutes
January 16, 2020**

<p><u>VMRC SDAC Members - Present</u> Isela Bingham (DRC OCRA)-Statute (on phone) Karen Bonacci (FA) -VMRC (on phone) Mary Bonacci (SA) -VMRC Lisa Culley-secretary (FA) -SCDD Gricelda Estrada (FA) -VMRC John Forrest (FA) -VMRC (on phone) Claire Lazaro (FA) Alphonse Mickahail (FA) -SCDD (on phone) Dr. Bethany Mickahail (FA) -SCDD (on phone) Mohamed Rashid- (SA) -SCDD Mariela Ramos-chair (FA) -VMRC</p> <p><u>VMRC SDAC Members- Absent</u> Nancy Sanchez-vice chair (FA) -VMRC Veronica Segovia (FA) -SCDD Martha Arely Solano (FA) -SCDD Kerstin Williams (SA) -SCDD</p> <p><u>SCDD Staff</u> Dena Hernandez- North Valley Hills</p>	<p><u>Guests who signed in</u> Dora Contreras (FA)</p> <p><u>VMRC Staff</u> Tony Anderson-Executive Director Doug Bonnett – Director’s Assistant Elizabeth Diaz-Program Manager Carlos Hernandez-Cultural Specialist Cindy Mix- Director of Consumer Services David Narbona-Service Coordinator Angie Shear-Project Manager Irene Hernandez-Interpreter</p> <p>SA=Self Advocate FA=Family Advocate Appointed by: VMRC=6 or SCDD=7</p>
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Call Meeting to order- Mariela Ramos-chair- called to order at 3:45pm

Introductions- Committee Members and audience- all introduced themselves. Irene Hernandez provided interpretation services for committee members who speak Spanish.

Establish Quorum- Mariela-chair-quorum was established with in-person & attendees by phone.

Approval of the Agenda- Motion to approve the agenda by Mohammed and seconded by Claire. No discussion. Vote taken, passed unanimously.

Approval of the minutes from December 19, 2019 – Committee members reviewed minutes. Mohammed made a motion to approve the minutes as written and it was seconded by Claire. There was discussion regarding the wording on the report from the Statewide SDAC on the minutes, but no changes were made. Vote taken, motion passed with abstentions from Gricelda and Mariela.

Public Comment-

- No Public Comment

Update on the Self Determination Program Phase in & Orientation- *Information*

Cindy Mix Director of Case Management-Cindy reported that there are a total of 110 consumers from VMRC selected for Self Determination-107 have decided to continue, 71 have attended orientation, 36 need to attend. PCP & IPP meetings continue daily. As of 1/16, 27 PCP's & IPP's had been completed, 4 spending plans have been completed, and that there are 5 budgets certified.

Michelle Poaster was added as a 3rd Service Coordinator with a caseload of Self Determination participants. She is housed at the Modesto office, but will travel in all 5 counties.

VMRC is offering monthly Self Determination orientations. There were five attendees at the orientation held today (1/16/2020).

There are 4 vendors for FMS who have completed vendorization. There is one PCP.

There are 732 names still on the interested list for Self Determination from the VMRC catchment area.

There were 2 videos shown of families who are involved in the Self Determination program who shared their experiences as they have gone thru the PCP &

spending plan process so far. The videos will also be shown at the All Staff Meeting 1/20/2020.

VMRC received funding from DDS to use for Self Determination-\$75,000 was received for staff salaries and \$59,700 was received that can be used for participant supplies. Cindy suggested some of the money be used to purchase Self Determination workbooks that were published by Tri-Counties Regional Center for each Self Determination participant. She had sample books that were passed around to review. Claire made a motion to purchase the workbook for each of the current Self Determination participants and each of the SDAC members. Mohammed seconded the motion. Discussion was that the workbooks would be useful to participants. Vote taken and passed unanimously.

Update on the Self Determination Program Phase in & Orientation- *Information*

Tony Anderson-Executive Director-Tony reported that program implementation funds were received by VMRC, as Cindy had reported. Tony suggested that some of the funding be used for a Self Determination conference that would prepare those who may want to become Independent Facilitators, and also to promote the program to those who want to learn more about Self Determination and possibly participate when the program opens to all in 2021. Tony suggested that the SDAC form an Ad Hoc subcommittee to plan the conference. There were questions about the cost of a conference, which the subcommittee could explore and report back at a future meeting. There was a motion by Karen to form a subcommittee of those interested in planning and organizing events hosted by the SDAC and VMRC, seconded by Mohammed. This group would bring proposals with event details and costs back to the SDAC for approval. Volunteers for the event subcommittee are Dena, Gricelda, Claire, Mariela, Lisa and Dora. They will plan a time to meet.

VMRC SDAC Bylaws -*Discussion & ACTION*-Mariela tabled this agenda item discussion until after the SCDD Statewide SDAC meeting February 10th. Mariela will talk to chairs from other advisory committees regarding practices of bylaws.

VMRC Self Determination Advisory Committee Next Steps-

The newly formed Event Committee will start planning the "Meet & Greets" and draft letter/flyers/etc. to bring back to SDAC. Topics for future presentations will be explored-one suggestion was how to create & develop spending plans.

SD Issues-*Discussion* Cindy did not receive any questions by email. There were questions about the process for vendorization and amending the budget throughout the year. A member reported that they are not receiving the SDAC

Agenda or meeting minutes thru email, so it was suggested they have hardcopies mailed. John, Gricelda and Mariela will be mailed hardcopies of the agenda and minutes for future meetings.

VMRC SDAC Membership Update – Mohammed announced that he is resigning from the SDAC effective immediately. Dena H. provided the committee with the committee contact list, member composition and who the committee needs to target for future recruitment. Self-Advocates are underrepresented on the committee.

Next Meeting – Thursday, February 20, 2020 from 10-11:30am at VMRC Board Room Stockton.

Self Determination Advisory Committee meetings are on the 3rd Thursday of each month. The times will alternate afternoon (3:30pm-5pm) and morning (10am-11:30am).

Meeting Adjourned at 5:04pm

Minutes respectfully submitted by Lisa Culley