

SAC 6 Chatter Letter



Fall 2019

SAVE the DATE: CHOICES 2020 will be Friday, April 3, 2020...start saving now!

Connecting Through The Arts

On September 30th, I Jessica Q .and some of my peers visited the Stockton VMRC Office. Earlier in the year we created art work at our day program that was displayed at Stanislaus County Fair Art Contest. We were recognized at the VMRC Stockton Office. Our art was displayed for everyone to see, and we were presented with certificates and ribbons, and enjoyed refreshments.

By Jessica Q.



A special Official Ballot Arc of Amador was on January 28th, 2019. In fact we receive the certification from the County Clerk /Register of voters. One of our new staff helped us achieve an official elections everyone wrote there speeches By, Crystal Enyeart

At CVTC we started a new job planting we plant Succulents in our garden and also potting them. We now sell them at the flea market on Crows Landing Rd. In Modesto to support adults with disabilities!

By, Brianna Delgadillo



s/Amador Peer Group Advocates

as/Amador Peer Group Advocates! We
le working together to create the best
e foothills!



Remembrance Day 2019, Multiple celebrations were held on September 16th for the 17th Annual Remembrance Day. This is the day where those individuals with developmental disabilities that passed away in state developmental centers are remembered and honored. To read more about this and the California Memorial Project, [Click Here](#).



On October 5th VMRC had their 3rd annual Cultural Fair at VMRC. I am the Chair person for Consumer Services this year and our project is to spread the word on the importance of voting. Consumer Services had a table which gave people the opportunity to register to vote. I wanted to Thank Linda Collins and Cindy Mix for help me out. We signed up a lot of people.
By Dena Pfeiffer



Multi-Cultural Fair 2019

This is my third yea working the Sac 6 table at the Cultural Fair. At the table we sold Sac 6 T-shirts for \$5.00. We shared with others who visited our table what Sac 6 is all about. At this event there were many vendors, entertainment such as dancing dragons, music by the Advocates and lots of other activities for the whole family. We had over 150 people visit our table I look forward to working the table at next year's event. By Lisa U.

I was the MC at the August area meeting. I introduced Tony Anderson the Executive Director of VMRV, Claire Lazaro Director of Clinical Services and EJ the Employment Specialist along with Carlos Hernandez; Cultural Specialist and lastly Carissa McGuffin Dental

This was very first time working the time working the Sac 6 table. There was a lot of music and people. It was a great place to socialize with others. We shared lots of information with others. I look forward to attending this event again next year. By Lisa E.

On August 9, 2019, my day program Valley CAPS PLUS celebrated our Consumer Appreciation Day. Each year CAPS celebrates a day of appreciation just for us. This year at PLUS, the Self-Advocacy Council voted on serving hot dogs, pork and beans, chips, a beverage, and a sugar free cookie for lunch. We planned a day filled with fun and festive activities. To start the day off at 10 AM, we had a special presentation from Jack Gonsalves. Jack entertained everyone with a fantastic and exciting magic show. He asked for assistance from the audience so everyone was excited to volunteer. After he pulled all the tricks out of his sleeves, he presented a balloon show. He shaped balloons into poodles, flowers, hearts, and even sun glasses. Everyone had a chance to choose a balloon. After the presentations, lunch was provided followed by announcements. During announcements every consumer received a Certificate of Achievement in an area that they have most improved in. By Jessica Q.

On May 22 I went to the Calaveras Arc to give Peggy Cunningham the Director of services an award; she is retiring from the Arc. Peggy has worked at the Arc for almost 18 years, she started in July 2000. Peggy worked at Watch program before that. She loves to travel- South America and Paris. Peggy loves her grandchildren. She's close to her daughter and grandson (who does Martial Arts). Peggy spends weekends with her parents who are both in the 90's. She is AWESOME! She will be missed. I was glad to give it to her and she was honored to receive it. BY Crystal Enyeart



SAC 6 is YOUR VMRC Consumer Advocates!

WANT a SAC6 Member to come and speak to your group?? JUST CALL US!

Check us out on Facebook; Sac 6 or on VMRC's website www.vmrc.net then click Consumers then click Self Advocacy

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This Chatter SAC6 letter has been brought to you by our members:
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