



**VMRC Self
Advisory**



**Determination
Committee Meeting**



**Minutes
May 13, 2019**

<p><u>VMRC SDAC Members – Present</u> Karen Bonacci on phone(FA) Lisa Culley (FA) Christine Hager (DRC OCRA) Dr. Claire Lazaro - (FA) Alphonse Mickahail- vice chair (FA) Dr. Bethany Mickahail (on phone) (FA) Dena Pfeifer(SA) Kristin Williams (SA) Gricelda Estrada (FA) Mariela Ramos (FA) Mohamed Rashid (SA) Martha Arely Solano (FA)</p> <p><u>VMRC SDAC Members- Absent</u> Mary Bonacci (SA) John Forrest (FA) Yadira Placsencia (FA) Liz Zastrow Roger Goatcher (FA) Phylcia Martinez Nancy Sanchez Veronica Segovia</p> <p><u>SCDD Staff</u></p> <p>SA= Self Advocate FA= Family Advocate</p>	<p><u>Guests</u> Lisa Smith Nick Agular Norma Torres (FA) Maricela Robledo (FA) Rosa Chable(FA)</p> <p><u>VMRC Staff</u> Tony Anderson- Executive Director Cindy Mix- Director of Consumer Services Elizabeth Diaz- SD Program Manager Doug Bonnet- Special Assistant to Executive Director Carlos Hernandez- Cultural Specialist Angelique Shear- Project Manager</p>
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Call Meeting to order- Alphonse Mickahail-vice chair- called to order at 10:15 AM.

Introductions- Committee Members and audience- all introduced themselves. Ceaser Enriquez provided translator services for Spanish speaking families.

Establish Quorum- Alphonse Mickahail-vice chair established a quorum.

Approval of the Agenda- There was a request to amend agenda to remove Claire Lazaro as the person reporting in the sections of SCDD Self Determination Advisory Committee and VMRC Self Determination Advisory Committee Next Steps. The motion was made by Claire Lazaro and seconded by Dena Pfeifer. Vote taken-motion passed unanimously.

Approval of the minutes from April 26, 2019 – Motion was made by Dena Pfeifer to amend the minutes to change Marcela Ramos from the list of Guests to VMRC SDAC Members. The motion was seconded by Mohamed Rashid. Vote taken-motion passed unanimously.

Public Comment-

- There were no public comments at this meeting.

Election of Officers- Claire Lazaro described the role of the chair and Alphonse Mickahail described the role of the Vice Chair. The positions that are needing to be filled is Chair, Vice Chair and secretary if possible. The hope is that the Chair of the committee will attend the statewide advisory committee meetings as well. Nominations were opened to the floor.

Chair- Mohamed Rashid and Mariela Ramos
Vice Chair- Alphonse Mickahail and Mariela Ramos
Secretary-Christine Hagar and Martha Arely Solano

Nominations from the floor were closed and voting by a show of hands was taken.

Chair

Mohamed Rashid - 6

Mariela Ramos - 5

Abstained - 2

Vice Chair

Alphonse Mickahail – 5

Mariela Ramos - 7

Abstained – 1

Secretary

Christine Hagar - 7

Martha Arely Solano – 5

Abstained – 1

The new officers of the Self Determination Advisory Committee are as follows:

Chair: Mohamed Rashid

Vice Chair: Mariela Ramos

Secretary: Christine Hagar

Update on the Self Determination Program Phase in & Orientation- *Information*

Tony Anderson- VMRC Executive Director/ Cindy Mix Director of Case Management

Cindy Mix reported the first Self Determination Orientation training was held last Thursday. The schedule of upcoming trainings was reviewed and everyone was encouraged to attend. 15 selected participants attended the training last Thursday. We are still waiting on information on the Independent Facilitator Training. The questions that people brought forward regarding communication is continuing to be reviewed. An e-mail test was sent that included 95 e-mails that were sent and there were only 26 responses to these e-mails returned. There were only 3 e-mails that contained errors and undeliverable. Tony Anderson reported he has updated the Constant Contact list and will also be sending out information this way. VMRC will also continue to use social media as a way to deliver messages regarding Self Determination. The Self Determination Advisory Committee members will also be included in the Contestant Contact list. A draft of the first Constant Contact e-mails about Self Determination was reviewed.

VMRC Self Determination Advisory Committee Information-

Claire Lazaro reported that the next Statewide Self Determination Advisory Committee meeting will be held in Sacramento on June 9-10. The new chair of the local Self Determination Committee should attend this meeting. It was also reported that DDS released their second newsletter on Self Determination. This newsletter can be found on the DDS Website.

VMRC Self Determination Advisory Committee Next Steps- Information

Claire Lazaro requested that people attend the Person Centered Thinking trainings. She also reminded everyone that the Orientation is required for the people who were selected to participate in the program.

VMRC SDAC Membership Update -

Dena Hernandez- SCDD North Valley Hills was not at the meeting. She reported through e-mail to Tony Anderson. The report indicated that the Self Determination Advisory Committee had 6 new members, 3 individuals that were appointed by VMRC and 3 individuals that were appointed by SDCC. There is still not much representation from Amador and Calaveras counties and it is hoped that there could be more from those areas. It was also reported that Dena received applications for the Advisory Committee at the May 9th orientation but they were not from Amador or Calaveras County.

Next Meeting – The committee discussed having regularly set meetings so that everyone can plan to attend. The decision was to hold the meetings on the 3rd Thursday every month at 3:30-5 PM. The next three meeting dates are June 20th, July 18th and August 15th.

Meeting Adjourned at 11:26 PM

Minutes respectfully submitted by Angelique Shear, Valley Mountain Regional Center