

What is Your Dream Job?

The 2019 Transition Fairs have all concluded. Each of our 5 counties; Amador, Calaveras, San Joaquin, Stanislaus, and Tuolumne, hosted a Transition Fair and they were all highly successful. I would like to thank all staff involved for volunteering and helping out with each fair. I was present for each fair and had the opportunity to speak with many transition age students about their future. The main question I asked was "What is your dream job?"

The reason for asking about their "Dream Job" is to determine the best work environment possible. Often times our individuals are working in industries that they do not like, or are not passionate about, thus creating inappropriate behaviors and bad work habits. Utilizing Person-Centered Planning (PCP) by determining an individual's "Dream Job" can help place our individuals in their preferred work environment. The issue is what to do when the "Dream Job" may be very difficult to achieve.

The most common answers that I received were professional wrestler, famous, singer, Nascar driver, and actor/actress. These "Dream Jobs" are very difficult to achieve, but they do offer insight to what our individuals are passionate about. For an individual who does not achieve their dream of being a professional wrestler, they may be more content working at an arena where wrestling performs. For this reason, it is important to know what a person's "Dream Job" is in order to help them achieve their dream, or get them as close as possible.