





# VMRC Self Determination Advisory Committee Meeting Minutes

### February 28, 2019

#### **VMRC SDAC Members - Present**

Karen Bonacci (FA) Lisa Culley (FA)

Claire Lazaro- chair (FA)

Alphonse Mickahail- vice chair (on

phone) (FA)

Bethany Mickahail (on phone) (FA)

Roger Goatcher(FA)

Mohamed Rashid (SA)

#### **VMRC SDAC Members- Absent**

Mary Bonacci (SA)

John Forrest (FA)

Christine Hager (DRC OCRA)

Gia McElroy (FA)

Dena Pfeifer(SA)

Yadira Placsencia (FA)

Martha Arely Solano (FA)

Liz Zastrow

#### SCDD Staff

Dena Hernandez- North Valley Hill

SA= Self Advocate

FA= Family Advocate

#### <u>Guests</u>

Kerstin Williams (SA)

Mrs. Williams (FA)

Bonnie Acree (FA)

Diane Doub (SA)

Maricela Robledo (FA)

Gabriela Castillo (FA)

Jesus Lladira Cazarez (FA)

Maria Guadalupe Ayala (FA)

Maria Ramos (FA)

Jonathan Schendel (SA)

Catherine Schendel (SA)

## **VMRC Staff**

Tony Anderson- Executive Director

Cindy Mix- Director of Consumer

Services

Elizabeth Diaz-SD Service Coordinator

Tania Candelaria- Service Coordinator

Carlos Hernandez- Cultural Specialist

David Narbona- VMRC Service

Coordinator

## **Meeting Called to Order**

Claire Lazaro-chair called the meeting to order at 10:06am

**Welcome & Introductions**- were made by all present and on the phone. Claire also took this time since there were many new people in attendance to explain the role and function of the committee and to invite all to get on the committee.

#### Establish a quorum- quorum was established

#### **Approval of Agenda**

Motion to approve agenda by Mohamed Rashid/ seconded by Lisa Culley. Vote taken and motion passed unanimously.

#### Approval of Minutes from January 14, 2019

Motion to approve the minutes by Roger Goatcher, seconded by Mohamed Rashid. Vote taken all in favor and 1 abstention by Lisa Culley.

#### **Public Comment-**

None

## **Update on the Self Determination Program Roll out-information**

Tony Anderson, VMRC Executive Director, and Cindy Mix VMRC Director of Case Management gave an overview. Cindy shared the following:

- The DDS Train the Trainer for the Orientations is underway. There was one
  in Sacramento and 5 VMRC staff attended as did Lisa Culley from Family
  Resource Network and Dena Hernandez from SCDD North Valley Hills. DDS
  hired Liz Harrell to oversee the SD trainings.
- Cindy shared that VMRC will be training two more staff to assist with the Orientations- Tara Sisemore-Hester and Angie Shear.
- Fiscal questions are how will VMRC "certify" the budgets for those in the program. Still waiting on direction from DDS.
- DDS thru the lottery- selected 100 participants from VMRC and approximately 13 people have said "no" moving forward. All will be invited to the orientation to make sure folks have all the info needed to make a decision about staying or leaving the program. It is a voluntary program an therefore people can opt out if they choose.
- DDS has not said how they will do a second lottery after all the orientations have been held to replace the vacant spots.
- VMRC has put a listyserv of all those selected that will help to disseminate information to all in a timely manner. Cindy will put a draft email together

- and send to Claire for any input. The email will include attachment about this VMRC SDAC.
- The training materials are to be translated into Spanish in 2-3 weeks from now.
- Cost of the initial Person Centered Plan will not come out of a person's personal budget.
- Waiting on what the Fiscal Management Services (FMS) service codes will be- getting worked out.
- There is a new SANDIS 7 that will be used for tracking services and folks going in and or out of Self Determination.
- Liz Diaz gave an overview of the DDS Train the Trainer that was held in Sacramento it is a lot of information and the trainings may need to be broken down to two days.
- Roger Goatcher suggested a Training Binder divided into the different sections that will help the trainers –that may include VMRC SDAC members to participate in the trainings. Everyone really likes this suggestion.
- There is a need to have Independent Facilitator Trainings since this is a new concept in our region- FRN, SCDD, DRC/OCRA will collaborate with this committee and VMRC to provide these trainings.

#### **SCDD Statewide SDAC Update** - Information

Claire Lazaro- reported about the SCDD Statewide Self Determination meeting that was held on February 21, 2019 in San Diego. Dena Hernandez attended the meeting as well.

- Liz Harrell and Jim Knight were at the meeting and discussed this Phase in of Self Determination and answered many questions from the committee about it.
- Many other SDAC's have held or are going to hold a "Meet & Greet" with all those selected for Self Determination as a way to know each other and be invited to get on the local SDAC.
- There was discussion about Independent Facilitator Training, Person Centered Planning trainings, questions about conservatorship in the self determination model.
- The minutes from this meeting will be shared with this committee once completed. These will be found at <a href="www.scdd.ca.gov">www.scdd.ca.gov</a> under self determination tab.

#### **Next Steps for VMRC SDAC**

Clair Lazaro, Chair discussed next steps:

- 1) From the VMRC listserv of those selected for Self Determination- Cindy and Claire will work on an email that will invite people to get involved with the local SDAC as well as next steps in this process in the self determination program. The VMRC SDAC needs representatives from the Mountain Counties and self-advocates.
- 2) Suggested a Meet & Greet and then host an Independent Facilitator Training at VMRC sometime in May 2019.
- 3) Claire will work on process checklist that can be sent to those selected in the VMRC email.
- 4) Invite Liz Harrell to come and assist the VMRC SDAC on trainings or how to move forward- Liz offered her services at the Statewide Self Determination meeting to all local SDAC's.
- 5) We want to work together to get the trainings out there so people don't lose interested in Self Determination.
- 6) Disability Voices United published a book called "Profiles in Self-Determination-Inspiration for a Full Life" that was given to the Statewide Self Determination members. The book is free for self-advocates and Dena will reach out to Judy Mark-author about getting copies for those who indicated wanting one. This may take some time. More info about this can be found at www.disabilityvoicesunited.org

#### **VMRC SDAC Membership Update - Information**

Dena Hernandez informed the committee that new people could indicate on the sign in sheet if there were interested in getting on this committee. SCDD is working on an electronic version and Dena will share that info once finalized. \*\* Please note this info came after this meeting 3/7/19- link to apply electronically thru SCDD is <a href="https://scdd.ca.gov/ssdac/local-self-determination-advisory-committees/">https://scdd.ca.gov/ssdac/local-self-determination-advisory-committees/</a>

### **Next Meetings:**

Monday, March 18, 2019 at 2pm (in the Cohen Board Room)

Friday, April 26, 2019 at 10:00am (in the Cohen Board Room

Meeting Adjourned at 11:40am

Minutes respectfully submitted by Dena Hernandez- SCDD North Valley Hills