



SELF ADVOCACY COUNCIL 6

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FACT SHEET

The Self Advocacy Council 6 was created in May, 1992 by self advocates at an area self advocacy meeting and serves Area 6 – Amador, Calaveras, San Joaquin, Stanislaus, and Tuolumne Counties.

The Self Advocacy Council 6 started in 1992 with \$5000 through a grant that Area Board 6 got from the State Council of Developmental Disabilities. In Fiscal year 1998/99, the Self Advocacy Council 6 had received funding from Valley Mountain Regional Center. In exchange for that funding, the Self Advocacy Council 6 ran quarterly area wide self advocacy meetings, helped people learn about People First of CA, participated at local and statewide self advocacy conferences, helped build local groups, and represented self advocates to the regional center and other decision making boards.

Two representatives from each self advocacy chapter in Area 6 can serve on the Self Advocacy Council 6. SAC 6 has representatives to Valley Mountain Regional Center, the State Council on Developmental Disabilities (SCDD) North Valley Hills Office, Statewide Self Advocacy Network and Department of Developmental Services Consumer Advisory Committee.

The Mission of the Self Advocacy Council 6

- Learn about issues that impact the lives of persons with developmental disabilities.
- Tell the self advocacy groups about important issues.
- Find out what the self advocacy groups think about important issues.
- Find out what self advocates want in their lives.
- Talk to people who make decisions for people with developmental disabilities, including VMRC, DDS, and SCDD North Valley Hills and tell them what the self advocates want.
- Help the Self Advocacy movement GROW!



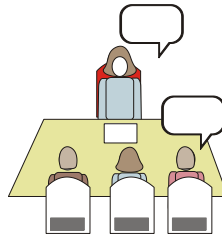
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MISSION STATEMENT

OUR MISSION IS TO HELP START, AND SUPPORT LOCAL CHAPTERS.

We will learn, inform, discover and keep lines of communication open between people who make decisions that impact the lives of people with Intellectual/Developmental Disabilities.

We will encourage the growth of the Self-Advocacy Movement.



Some of the achievements of the Council over the last 25 years include:

- As of June 1999 we are a nonprofit organization.
- Advocated for and got an increase in the number of people Valley Mountain Regional Center is working to get supported living.
- Run area wide self advocacy meetings every three months, usually attended by over 250 self advocates from 5 counties. Two are held in San Joaquin County, one held in the Mountain Counties and one held in Stanislaus County.
- Presented trainings on: "Starting a People First Chapter", "Disaster Preparedness", "Your IPP rights and Person Centered Planning", "Micro Business", "Believing in Yourself", "Homebound- Homeless Info" and "Healthy Boundaries- Facilitation".
- Presented workshops at the annual area wide CHOICES Conferences, and at nearly all annual Statewide Self Advocacy Conferences since they began in 1996.
- Advocating for values of empowerment in all decision making about services for people with intellectual/developmental disabilities. SAC6 was involved in the VMRC Strategic Planning process and the SCDD State Plan process.
- As of April of 2003 the Self Advocacy Council became the Consumer Advocate for Valley Mountain Regional Center.
- Active members are on the CHOICES Conference Planning Team, Statewide Self Advocacy Conference Planning Team, SCDD North Valley Hills Regional Advisory Committee, Valley Mountain Regional Center Board of Directors, Department of Developmental Services Consumer Advisory Committee, and the California Memorial Project Planning Team.