

**The Power Starts**

**With YOU!**



The SAC6 is the VMRC Consumer Advocate! The Consumer Advocate job is to help with the following:

Ask people what services they need.

Help people to find answers to their questions or problems.

Let VMRC know about issues and the problem. Work together to fix it.

Make sure people always know we are here to help.

Call us or send an unmet needs form to SAC6 if you have unmet needs or questions about the services you get from Valley Mountain Regional Center. We will do our best to help **YOU** speak up for yourself!!

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## Self Advocacy Council 6

**702 N. Aurora Street  
Stockton, CA 95202  
Phone: 209-594-1476**

**1-888-960-2416**  
[council@sac6.org](mailto:council@sac6.org)

[www.sac6.org](http://www.sac6.org)

**Facebook: SAC6**



## SAC6

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**Our mission is to help start and support local chapters.**



**We will learn, inform, discover and keep lines of communication open between people who make decisions that impact the lives of people with developmental disabilities.**

**Phone: 209-594-1476  
1-888-960-2416**

## Self Advocacy Groups



Do you want to join a group? Do you want to start a group? Do you just want to learn more about self-advocacy? Call us at 888-960-2416 or email us [council@sac6.org](mailto:council@sac6.org) or check us out on Facebook, SAC6 or on our website, [www.sac6.org](http://www.sac6.org)



## Area Meetings


### Area Meetings:

Self-Advocates gather from the 5 VMRC Counties, Tuolumne, Calaveras, Amador, Stanislaus and San Joaquin Counties. They talk about self-advocacy and learn from speakers about issues that are happening right now. **Meetings are held in February, May, August and November.**



## SAC6 Mission

### The mission of SAC6:

- Learn about issues that impact the lives of people with developmental disabilities
- Tell the self advocacy groups about important issues
- Find out what the self advocacy groups think about important issues
- Find out what self advocates want in their lives
- Talk to people who make decisions for people with developmental disabilities, including VMRC and the  SCDD/North Valley Hills, and tell them what the advocates want
- Help the self-advocacy movement grow!