



Helping People with Developmental Disabilities Reach Their Maximum Potential

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March 2, 2018

**VALLEY MOUNTAIN REGIONAL CENTER
CONSUMER SERVICES COMMITTEE MEETING
702 N. Aurora St., Stockton 95202, Cohen Board Room
Monday, March 12, 2018, 4:30 p.m.**

AGENDA

- D** 1.0 Public Comment – 5 minutes
- A** 2.0 Review of Minutes (January 8, 2018)
- I** 3.0 Clinical
- I** 4.0 Resource Development
- I** 5.0 Quality Assurance
 - 5.1 Alerts
- I** 6.0 Case Management
 - 6.1 Caseload Ratio [handout] & Transfer Reports
 - 6.2 **Action Item:** VMRC Respite Policy Service Standard Revision
 - 6.3 Case Management Updates
 - 6.4 SIR Presentation
 - 6.5 Report Discussion [handout]
- I** 7.0 Transportation
- I** 8.0 Next Meeting - Monday April 9, 2018, 4:30 p.m., Cohen Board Room

Note to Committee Members: If you cannot make this meeting, please contact Cindy Strawderman at (209) 955-3256 as far in advance of the meeting as possible.

A=ACTION D= DISCUSSION E= EDUCATION F= FOLLOW-UP I = INFORMATION

Consumer Services Board Committee Members:

- | | |
|-----------------------------|--|
| ➤ Claire Lazaro – Chair | ➤ Tracie Leong |
| ➤ Tom Bowe, Ex Officio | ➤ Kori Heuvel |
| ➤ S. Rush Bailey | ➤ Dena Pfeifer |
| ➤ Emily Grunder | ➤ Daime Hoornaert, CLASP |
| ➤ Margaret Heinz | ➤ Dena Hernandez, NVHO |
| ➤ Moe Rashid | ➤ Cindy Mix, Director of Case Management Service |
| ➤ Elizabeth Victor-Martinez | |

VALLEY MOUNTAIN REGIONAL CENTER
MINUTES OF CONSUMER SERVICES COMMITTEE MEETING
Monday, January 08, 2018

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PRESENT: Dena Pfifer, Lori Smith her Facilitator, Mo Rashid, Charles Edwards his facilitator, Tom Toomey, Olivia Honan his facilitator, Robert Balderama, Chris Sugabo his facilitator, Mary Sheehan, Daime Hoornaert, Cindy Mix, Tom Martin, Andrea Rueda, her Facilitator, Lisa Culley, Tony Anderson, Wilma Murray, Carmen Calder, Margaret Heinz, Kori Huevel, Claire Lazaro

ABSENT: Rush Bailey, Emily Grunder, Tracy Leong

=====

Moe Rashid interim Chairperson, called the meeting to order at 4:30

1.0 PUBLIC COMMENT

Daime Hoornaert read Dena Hernandez's message regarding the Choices entries are due by January 16th at 4:30 p.m.

2.0 REVIEW OF MINUTES

M/S/C (Pfifer/Toomey): Approve the amended minutes of 12/11/17 as amended as written.

3.0 CLINICAL

Mary Sheehan advised that we are still awaiting word regarding the CPP grant. We have provided updated information and just in the waiting pattern.

We have a lot going on with a lot of the Dental community.

We are still working on program designs for 2 early start programs for Stanislaus County to develop comprehensive infant program services. Effective July 1, 2018, any child with managed care Medi-Cal without a diagnosis of autism will be able to access behavioral services thru managed care Medi-cal. We are awaiting more direction on this. For Early Start Services, We are getting ready for the DDS review of compliance to Early Start regulations, done every 3 years. Ours is in July 2018.

The Legislative office (LAO) did a study of the early start program in California. Cindy Strawderman will send a copy to members.

4.0 RESOURCE DEVELOPMENT

Carmen Calder advised that we continue to work with the development of care homes. We are highly in need of children's facilities. We have been reaching out to vendors wanting to work with us. We are brainstorming to see how we can bring more providers for children's services.

Regarding SLS & Day programs. We have 3 day programs in process and a program in the foothills for a children's facility – we will be working closely with that provider. There are 20 –programs in development. Hopefully next month she will bring in more information for the new programs.

5.0 QUALITY ASSURANCE

5.1 **Alerts:** Patricia is currently working on the QA report. She will bring this to our next meeting.

6.0 CASE MANAGEMENT

- Caseload ratio report and transfer report presented.
- POS Disparity Grant Proposal submitted to DDS. Requested funds for continuance of Promotora Project, Social Media, Training, and a Specialized Team. The decision has been postponed until 1/19/18. DDS has 11M to approve they received 23M in requests. 61 proposals from CBO, as well as all 21 regional centers.
- Recent and upcoming events, trainings, and conferences:
 - 12/2/17 – Family Promotora Meeting in Modesto Ca
 - 12/6/17 – Mental Health Consortium –Introduced Cultural Specialist and will schedule a presentation in the near future
 - 12/12/17 –The Bridge-Southeast Asian Community Outreach—Modesto
 - 1/4/18 – IEPs with Promotora families—Jamestown
 - 1/5/18—Debra Wright—I.E.P. Presentation
 - Person-Centered Thinking and Training to occur for internal management staff on 1/17 & 18, 2018. Michael Smull meeting with Department Heads on 1/16/18.
 - 1/25/18 – NorCal Sups Presentation--Sacramento
 - 1/26/18 – Community Meeting at Sierra Bible, Sonora Ca – Services Presentation
 - Choices Conference planned for 4/6/18
 - Planning a vendor fair in Stanislaus County during Spring
 - Planning a Transition Fair during Spring in San Joaquin County
- Self-Determination—most recent update—DDS to submit information by 1/31/18 which will start the clock again (90 days). We have identified all of those on our interested list who have attended a pre-enrollment meeting and sent 46 names to DDS; we are

scheduling those on the list to attend a meeting in order for their name to go to DDS (249). Names will be randomly drawn by DDS via electronic method to meet specific criteria.

o Holiday Activities during December—

- o 12/15—Donations to needy families
- o 12/20—Salvation Army donation barrel in Modesto; Modesto Gospel Mission; Sweater donations for needy consumers here in the Stockton office; Toy Drive for consumers.
- o 12/19 All-Staff "State of the Agency"

7.0 **TRANSPORTATION**

Wilma Murray shared a couple of handouts. Unmet needs in San Joaquin County has wrapped up. Stanislaus there is still time to participate. It's a good opportunity if you are interested to express where you want services to run or changes in services.

Modesto is doing changes in fixed route and Dial a ride services. There are a few areas that will no longer have services. Wilma is in the process of getting consumers transfer over to the START system. There are some fare increases and a few service cuts. We are hoping for the best that it does not impact our consumers.

RTD had updated their routes. Wilma provided a handout for the group. Some routes have been updated, split. So far there has not been a great impacted our consumers.

Our contract services are doing the best they can. They are working to alleviate any issues.

8.0 **NEXT MEETING**

Monday March 12, 2018, 4:30 p.m., Stockton VMRC office, Cohen Board Room.

The meeting was adjourned at 5:13 p.m.

Recorder: Cindy Strawderman

Caseload Ratios by Team

(as of 1/2/18)

Early Start Teams:

Stockton—N. Gillespie—81
Stockton—T. Simmons—79
Modesto—L. Barr—79
San Andreas—T. Simmons—78
Avg. caseload—80

Children Teams:

Modesto Kids—E. Diaz—84
Modesto Youth—P. Kidroske—75
San Andreas Children—T. Sisemore-Hester—72
Stockton Children—W. Farinelli-Mikita—73
Stockton Kids—J. de Diego—79
Stockton Youth—C. Jimenez—76
Avg. caseload—77

Transition Teams:

Modesto Transition—N. Clayton—85
San Andreas Transition—T. Sisemore-Hester—72
Stockton Transition—D. Vodden—73
Avg. caseload—77

Adult Teams:

Modesto Adult—S. Margarite—80
Modesto Grown Ups—J. Groves—71
San Andreas Adult—T. Sisemore-Hester—73
Stockton Adult—E. Goudreau—74
Stockton Grown Ups—M. Gonzalez—88
Stockton New Adult—K. Jensen—75
Avg. caseload—77

*Deflection Team:

Deflection Team—N. Weiss—48
Avg. caseload—48

Agency Average—78

*Not reflected in agency average

Consumer File Transfer Status - To and From VMRC

2014			2015			2016			
Files Received		Files sent out	Files Received		Files sent out	Files Received		Files sent out	
January	39	January	28	January	14	January	39	January	26
February	25	February	12	February	12	February	34	February	21
March	24	March	14	March	16	March	19	March	25
April	28	April	21	April	16	April	31	April	19
May	30	May	24	May	18	May	35	May	23
June	21	June	16	June	22	June	30	June	14
July	36	July	35	July	37	July	37	July	32
August	28	August	26	August	29	August	31	August	8
September	32	September	28	September	15	September	31		
October	29	October	24	October	25	October	25	October	25
November	22	November	17	November	26	November	49	November	15
December	25	December	31	December	18	December	31	December	32
total for 2014	339	Total for 2014	276	total for 2015	248	total for 2016	392	Total for 2016	292

2017			2018		
Files Received	Files sent out		Files Received	Files sent out	
January	23	January	52	January	36
February	41	February	4	February	3
March	38	March		March	
April	33	April		April	
May		May		May	
June	21	June		June	
July	41	July		July	
August	41	August		August	
September	40	September		September	
October	53	October		October	
November	52	November		November	
December	41	December		December	
total for 2017	477	Total for 2017	56	Total for 2018	39

2017									
Office	Reactivations			Intake to Case Management			Intra office Transfers		
	Stockton	Modesto	San Andreas	Stockton	Modesto	San Andreas	To Stockton	To Modesto	To San Andreas
January	16	1		27			8	4	2
February	15		1	21			7	5	
March	16			27			2	1	
April	21			18			5		4
May	21			30			5		1
June	9			19			3	3	1
July	8	1		25	2		2		
August	16			19			5	3	
September	22	1		22			4	3	1
October	16	0	1	22	0	0	8	5	3
November	5	1	1	15	0	0	7	5	
December	20	0	0	22	0	0	3	2	0
Total for 2017	185	4	3	267	2	0	59	31	12

2018									
Office	Reactivations			Intake to Case Management			Intra office Transfers		
	Stockton	Modesto	San Andreas	Stockton	Modesto	San Andreas	To Stockton	To Modesto	To San Andreas
January	18	1	1	42	22	0	3	3	2
February									
March									
April									
May									
June									
July									
August									
September									
October									
November									
December									
Total for 2018	18	1	1	42	22	0	3	3	2

PUBLIC TRANSIT HEARINGS

**Does public transit meet your needs?
Share your transit ideas with us at the
public hearing listed below!**

**WEDNESDAY, JANUARY 17, 2018
6:00PM**

StanCOG Policy Board
1111 I Street, Suite 308
Modesto, CA, 95354

Spanish translation services will be provided

The StanCOG Unmet Transit Needs Survey (English and Spanish) is available at the following website:

<https://www.surveymonkey.com/r/StancogUTN>

Submit questions to:

Stephen Hanamaikai, Associate Planner
shanamaikai@stancog.org
1111 I Street, Suite 308
Modesto, CA 95354
(209) 525-4646



StanCOG
Stanislaus Council of Governments

www.StanCOG.org/Unmet-Transit-Needs.shtm

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For up-to-date transit advice, route information, and tips for using MAX to travel to Modesto events and destinations.

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www.ModestoAreaExpress.com

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Modesto Area Express – MAX

To Catch a MAX Bus

MAX buses only stop at locations marked with a bus stop sign. Visit www.ModestoAreaExpress.com or call 521-1274 to find out where you can catch the bus in your area or for additional information. When at a marked stop, position yourself near the sign so the driver knows that you want to ride. The driver may not stop for you if it doesn't look like you want to ride. Backaway from the curb as the bus approaches to avoid the mirror on the side of the bus. All MAX buses are fully accessible by wheelchair and other mobility aids.



Hours of Operation

Monday - Friday	5:45 am - 9:30 pm
Saturday	7:15 am - 9:00 pm
Sunday	8:45 am - 8:15 pm

MAX does not operate on the following holidays:

New Year's Day, Memorial Day (observed), Fourth of July, Labor Day, Thanksgiving Day, and Christmas Day.
Presidents' Day (observed) service provided on a Saturday schedule.

For More Information Call:

521-1274 VOICE OR TDD

Between the hours of:

Monday - Friday	6:00 am - 7:00 pm
Saturday	8:00 am - 6:00 pm
Sunday	9:00 am - 5:00 pm

www.ModestoAreaExpress.com

MAX

MODESTO AREA EXPRESS

Summary of Service and Fare Changes

February 2018



JANUARY 2018 SERVICE CHANGES

NEW ROUTE	DESCRIPTION
1	No change.
2	Loop in the Cumberland/Ben Holt area expanded.
3	No change.
4	No change.
5	No change.
6	No change.
7	No change.
8	No change.
9	No change.
23	No change.
40	Same route, timetable change only.
43	Same route, timetable change only.
44	Southbound trips travels on Ralph Avenue.
47	New Express route travels to DMV, Saint Mary's Dining Hall, Children's Museum, Weber Point Events Center, DTC, and Franklin High School.
510	Replaces Route 51 south from DTC and serves the Honor Farm.
515	Replaces Route 54 in Houston Loop area and Route 76 in the Boggs Tract area. See Route 560 and 510 for service to Amtrak.
520	Replaces Route 52 north from DTC and extends to Hammer Lane to connect to 43. See Route 515 for service in Lever Boulevard area and Route 510 for service to the San Joaquin County Hospital.
525	Replaces Route 83 and will not stop at Franklin High School except for one in the morning and one return trip in the afternoon.
535	Replaces Route 71 on Bianchi Road, March Lane, and Holman Road. Service currently provided in the Jamestown/Kentfield area by Routes 51 and 70 will be provided by Routes 5 and 535. For service to the Sandalwood Loop, see new Limited Service Route 371.
545	Replaces Route 61 and does not travel to DTC. Transfer at MTS or Pershing Avenue to Route 578 to travel to DTC.
555	Replaces Route 55 in name (route stays the same) and timetable change.
560	Replaces Route 60 with extended service to the Amtrak Station. For service to the Lincoln/Weber area, see Express Route 47.
566	Replaces Route 66 in name (route stays the same) and timetable change.
570	Replaces Route 70 north of the MTS and provides service to El Dorado Street north of the MTS and the Tam O'Shanter/Prospector area.
576	Replaces Route 76 east of the DTC. For service to Boggs Tract, see Route 515.

NEW ROUTE	DESCRIPTION
577	Replaces Route 77 with new service on Waterloo Road and Wilson Way. For service to Fremont Street and to Franklin High School, use Express Route 47.
578	Replaces Route 80 north of DTC. Night service to Country Club Boulevard and Fontana Avenue. See Route 378 for direct morning trip traveling north to Pershing and the MTS.
580	Replaces Route 80 south of the DTC. See Route 378 for limited service and direct morning and afternoon trips between the Section/Oro area, Farmington Road, Stagg High School, and the MTS.
315	Same route, timetable change only.
340	Same route, timetable change only.
345	Same route, timetable change only.
360	Same route, timetable change only.
365	Same route to the HTS. Trips to the MTS discontinued. For service to MTS from Kelley Drive, Plymouth Road, and Swain Road, see Metro Hopper 2.
371	Replaces Route 71 with limited service.
375	Change on timetable only.
378	Same as Route 80 through service between Section/Oro, Pershing, and MTS, limited to one trip in the morning and one trip in the afternoon.
380	Change in route (no DTC) and timetable.
385	Route 385 provides limited service and direct trips from the Togninali Lane/Frontage 99 area to Franklin High School.
390	No change.
90	Change in route from MacArthur and I-205 to East Grant Line Road.
91	No change.
93	No change.
97	Change in route from MacArthur and I-205 to East Grant Line Road.
710	Same route, timetable change only.
715	Same route, timetable change only.
720	Same route, timetable change only.
723	No change.
725	Change in route east of the DTC. Route 725 provides service previously provided on weekdays by Route 83. Timetable change.
745	Same route, timetable change only.
797	Change in route from MacArthur and I-205 to East Grant Line Road.

DISCONTINUED

63	See expanded Metro Hopper 2.
70	For service on El Dorado north of MTS, Iris, Prospector, and Tam O'Shanter use new Route 570. For service on El Dorado Street south from the MTS, use Route 23. For service to the Jamestown area, use Metro Hopper 5.
85	See Route 385 for limited service and direct trips from the Togninali Lane/Frontage 99 area to Franklin High School.
310	See Route 510 for service on San Joaquin Street and Route 555 for service on MLK Blvd.

Consumer File Transfer Status - To and From VMRC

thru 2/28

2014			2015			2016			
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February	25	February	12	February	25	February	34	February	21
March	24	March	14	March	47	March	19	March	25
April	28	April	21	April	34	April	31	April	19
May	30	May	24	May	35	May	35	May	23
June	21	June	16	June	24	June	30	June	14
July	36	July	35	July	20	July	37	July	32
August	28	August	26	August	37	August	31	August	8
September	32	September	28	September	46	September	31		
October	29	October	24	October	43	October	25	October	25
November	22	November	17	November	30	November	49	November	15
December	25	December	31	December	16	December	31	December	32
total for 2014	339	Total for 2014	276	total for 2015	369	Total for 2015	248	total for 2016	392
							Total for 2016		292

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June	21	June		June	
July	41	July		July	
August	41	August		August	
September	40	September		September	
October	53	October		October	
November	52	November		November	
December	41	December		December	
total for 2017	477	Total for 2017	81	Total for 2018	56

Thru 2/28

2017									
Office	Reactivations			Intake to Case Management			Intra office Transfers		
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April	21			18			5		4
May	21			30			5		1
June	9			19			3	3	1
July	8	1		25	2		2		
August	16			19			5	3	
September	22	1		22			4	3	1
October	16	0	1	22	0	0	8	5	3
November	5	1	1	15	0	0	7	5	
December	20	0	0	22	0	0	3	2	0
Total for 2017	185	4	3	267	2	0	59	31	12

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	Stockton	Modesto	San Andreas	Stockton	Modesto	San Andreas	To Stockton	To Modesto	To San Andreas
January	18	1	1	42	22	0	3	3	2
February	11	15	1	14	7	0	3	3	3
March									
April									
May									
June									
July									
August									
September									
October									
November									
December									
Total for 2018	29	16	2	56	29	0	6	6	5

VALLEY MOUNTAIN REGIONAL CENTER SERVICE STANDARD

RESPITE SERVICES

Purpose and Philosophy: Respite care is designed to intermittently and temporarily relieve families of the demands and constant responsibilities of caring for the consumer. This responsibility may exceed the demands and care needs of a non-disabled person his/her age in order to: 1) restore or maintain the family's well-being; 2) meet emergency needs such as after a natural disaster; 3) assist during periods of crisis such as illness or death of a family member; 4) allow parents or family members the opportunity to enjoy vacations or other activities of natural family life; 5) provide assistance at other times when the planning team, which includes the parent or family member, feels it is advisable. Respite is part of a network of support services for families. It is not meant to supplant other resources, including the parents' routine parenting responsibilities for minors.

For children ages 0-3 in the Early Start program, see section IV below.

Valley Mountain Regional Center acknowledges the family's contribution to the care and well being of their minor children who are VMRC consumers. They are also generally expected to provide the same kinds of care and supervision to them as they would for any of their other children. However, some families, because of their child's intensive needs, require additional supports and services, such as respite, which will enable them to maintain that child in their home.

VMRC recognizes the commitment of family members in maintaining their adult family member in their home. To ensure family stability additional supports and services, such as respite, may be necessary.

Assessing the need for respite is part of the planning team process of developing and monitoring a consumer's Individual Program Plan (IPP). The assessment of need will ensure that all available resources are explored and natural support systems, such as extended family, as well as generic services, are developed and utilized.

- I. **Eligibility:** to determine the need, type, and amount of respite care services purchased by VMRC, the following criteria must be considered and/or met:
 1. The need for the service is identified on the IPP.
 2. Take into consideration the legal responsibilities of other agencies as resources for the consumer and family in developing a respite care plan (i.e. private insurance, Medi-Cal, IHSS, DSS funding, crisis nurses, etc.).
 3. Family situation, such as the number of parents available to provide care, number of other children in the home or other special circumstances.

4. Verification of family's development of natural supports to provide respite such as extended family members, participation in cooperative childcare activities, etc.
5. Medical factors.
6. Mobility skills.
7. Consumer's adaptive skills.
8. Families receiving the AFDC Foster Placement rate for a minor placed in their home are not eligible for respite as they are considered a foster home.
9. Behavioral deficits unrelated to the consumer's age.
10. Hours of attendance at school/day program depending on the consumer's age.
11. Consider what the family is doing to include consumer in routine family and community activities.
12. Is the family actively implementing the consumer's care plans identified in the IPP?
13. The Respite Assessment Tool will be completed with consumer/family members and will determine the amount of respite services through objective evaluation. Regional Center will purchase respite services accordingly. If the Planning Team determines that additional support is needed, an exceptional POS can be presented to the VMRC Review Committee.

II. Selection Considerations: Issues that should be considered in selecting the type and amount of respite care services include:

1. Has the planning team considered family/consumer choice and need?
2. Has the planning team determined if the respite option is compatible with the family's life style and commitments?
3. Have the consumer's medical and/or behavior needs been considered?
4. If there is more than one family member who needs respite, (this would necessitate a multiple consumer rate for in-home respite) has a family respite plan been developed?
5. Are family members given the flexibility regarding the use of respite hours? They may choose to use their out-of-home respite allocation on a dollar for dollar basis to fund camp if agreed by the planning team that camp meets their out-of-home respite needs.
6. Families have the option of banking their respite allotment for up to an entire year and redeeming it all at one time. This need must be identified in the individual's IPP per the planning team.

7. Is a family member a Valley Mountain Regional Center Board Member? If so, do they attend Board-related meetings such as:
- a. Committees
 - b. School/Day Program visits
 - c. Conferences
 - d. Retreats
 - e. Any other VMRC meetings outside of regular Board Meetings

Given these requirements are met; parents will receive up to ten (10) additional hours per month while they are active members on VMRC's Board of Directors.

The ten (10) additional Respite hours will be contingent upon the submittal of records providing specific reasons for attendance for above-mentioned activities including, travel records, training materials, dates and times the activities were held. Board Members who require more than ten (10) additional hours per month may request an exception to obtain additional needed hours.

- III. Exceptions and Appeals Process:** As with all VMRC purchased services, if the Planning Team determines that sufficient support exists to request an exception to these standards, a Purchase of Service Exceptions request should be submitted.

VMRC acknowledges that each consumer is unique and it would not be possible to anticipate the supports and services needed for every individual given the complex needs of our service area. Therefore, for requests which are outside the boundaries of these guidelines, exceptions will be considered based on the specific needs of the individual consumer. The distinct circumstances of each case will be considered. These requests for exceptions will be reviewed by an expanded planning team functioning as the Purchase of Service Committee made up of Program Managers and administrative staff for compliance.

VMRC recognizes that there may be occasions when a decision is made by VMRC that may not satisfy the consumer or his/her legally authorized representative. When the consumer or his/her legally authorized representative believes a VMRC decision is illegal, discriminatory or not in the consumer's best interest, an appeal can be made to challenge that decision. All processes shall be in compliance with Welfare and Institutions Code, Section 4700-4730.

- IV. Early Start Infant and Toddlers:** Types of Early Start services are delineated in Federal regulations 303.13. Regulation 303.13(d) refers to other services not mentioned in regulations that may be needed to assist a child and family to make progress on Individual Family Service Plan outcomes. In order for a parent to develop the capacity to assist his/her child in meeting his/her developmental needs, the parent may need respite or other type of care for the child while the parent participates in appropriate early intervention activities. Families may need in-home or other care arrangements for their child in order for the family to participate in early intervention services that include a defined family component, i.e. family training or counseling services, psychological services, or social work. A family may need to participate in sign language classes in

order to assist the child in developing communication skills or meet with a psychologist to design appropriate behavioral management strategies to use when the child engages in inappropriate behaviors. Although the provision of respite or other care arrangements may be necessary for some families to participate in appropriate early intervention activities, respite is not intended to serve as child-care or “baby-sitting” assistance in ordinary circumstances.

RESPITE ASSESSMENT

Early Start

Date: _____

Person Completing Form: _____

Consumer: _____

UCI# _____

Qualifying Diagnosis: _____

PRELIMINARY CONSIDERATIONS

- ☐ The consumer requires intensive medical monitoring or care including gastrostomy or nasal-gastric feedings, frequent suctioning, ventilator care, tracheostomy care and monitoring constant intravenous therapy or has multiple medical conditions requiring constant vigilance; do not complete the family respite assessment.
- ☐ Consumer displays severe or excessive behaviors daily and consumer has not been successful in traditional forms of respite.
- ☐ All available support systems are not being used. These include natural (extended family) and generic supports: EPSDT, NF Waiver, school programs and after school programs, parenting classes or HOBPT/BIS, etc.
- ☐ Does Consumer receive Protective Supervision through the IHSS program?
- ☐ Is the consumer able to be at home unsupervised for 4 hours or more?
- ☐ Is the infant or toddler Early Start eligible? If yes, do not complete the Family Respite Assessment.

If any of the boxes are checked or if the answer to either of the questions is "yes," consult your Program Manager.

Comments: _____

RESPITE ASSESSMENT

Please objectively evaluate the consumer using the following guidelines. Choose the most appropriate number under each heading. If the need is not best represented by any of the given options, consult your PM. Consumer's IPP should support your scoring selections:

I. AGE OF CONSUMER(S)

- 0 3 – 5 years
- 3 6 – 12 years
- 5 13 – 17 years
- 7 18 and over

Score

II. ACTIVITIES OF DAILY LIVING (Compare with non-disabled peers in consumer's age group for dressing, eating, grooming, toileting, etc...)

- 0 No special care.
- 1 Daily supervision.
- 2 Daily hands-on assistance.
- 5 Total care in some aspect of activities of daily living.
- 7 Total care

Score

III. MOTOR ABILITY (Ability to walk, sit, need for wheelchair(s), walker, assistance or total care for transferring or positioning, as it impacts the level of supervision or care needs at home and in the community):

- 0 Independent with *no equipment* at home and in community w/ minimal care needs.
- 1 Independent with *equipment* at home or community w/minimal care needs.
- 2 Independent with *equip or chair(s)* at home or community w/moderate care needs.
- 3 Independent with *equip/chairs/lifting required* at home or community w/moderate care needs.
- 5 Not independently mobile with equip at home and community; needs constant care.
- 6 Not mobile, requires total care and repositioning every 2 hours.

Score

IV. SCHOOL / CHILD CARE / DAY PROGRAM ATTENDANCE Based on year around average (180 days of school, 6 hours/day = 20 hours week)

- 0 More than 20 hours per week.
- 1 11 to 20 hours per week.
- 2 5 to 10 hours per week.
- 3 Chooses not to attend; home all day.
- 5 Unable to attend; home all day (home/hospital instruction up to 5 hrs/week)

Score

V. MEDICAL NEEDS and Impact on Supervision or Care:

- 0 No health problems (stable with preventative and routine care).
- 2 Minimal mental or physical health problems (stable w/ongoing medication).
- 4 Moderate mental or physical health problems (stable w/ ongoing medication and continuing f/up care).
- 6 Major Mental or physical Health Problems (constant monitoring by health professionals)

Score

Explain need:

VI. BEHAVIORAL NEEDS**Disruptive Social; Aggressive; Self-Injurious; Destruction; Running; Emotional Outbursts:**

Score

Note: For a score of 5, CDER must reflect scores of 1 or 2 for at least two behaviors.**For a score of 7, CDER must reflect scores of 1 for at least 3 behaviors.**

- 0 Behaviors are appropriate for age.
 1 Behaviors are easily redirected most of the time.
 3 Behavioral excesses require frequent redirection and is not always successful.
 5 Behavioral excesses unresponsive to redirection; requires intervention and *close* supervision.

CDER Score of 2 or less for at least 2 behaviors (Specify):

- 7 Behavioral excesses more often than weekly; require intervention and *constant* supervision.

CDER Score of 1 for at least 3 behaviors (Specify):**VII. SPECIAL CIRCUMSTANCES: Score 7 for any one in the first group; 5 for any one in the second group; and, 3 for any one in the third group. Add only 2 points for each additional circumstance in the same group.**Combined
ScoreGroup 1 (Score 7 for one circumstance and 2 for any additional circumstances)

- ☐ Caregiver has chronic or ongoing illness that affects providing of care and supervision (doctor's verification required)
☐ Caregiver has acute or short term illness (doctor's verification required)
☐ Family member in the home has acute illness or health crisis (doctor's verification required)
☐ Caregiver has physical or mental disability (doctor's verification required)
☐ Caregiver has advancing age-related decline
☐ Caregiver is a regional center client
☐ Multiple children with disabilities in the home needing respite
☐ Single parent
☐ Death of parent or child in the household within last year

Group 2 (Score 5 for one circumstance and 2 for any additional circumstances)

- ☐ Birth or adoption within period of previous 6 months
☐ Death of extended family member within period of previous 6 months
☐ Health crisis of an extended family member
☐ Intermittent Single Parent (spouse periodically absent or shared custody situations)
☐ Loss of adult caregiver in the home (includes siblings) within period of previous 6 months

Group 3 (Score 3 for one circumstance and 2 for any additional circumstance)

- ☐ Dependent adult in home that is not an adult child of the caregiver(s)
☐ Recent (within 3 months) or imminent relocation
☐ New caregiver in home within period of 3 months

Group 4 (Score 2 for this circumstance)

- ☐ Two parents with two or more children

VIII. Justification for a One-Person Rate: Applies if there is more than one consumer in the family that requires respite services. Any of the following situations will justify a One-Person Rate (indicate reason in IPP objective and Comment Section of POS):

- ☐ Overall assessment score is 30-35
- ☐ Significant behaviors of one or more minor or adult siblings (score is 7 in Section VI)
- ☐ Significant medical needs of one or more minor or adult siblings (score is 6 in Section V)
- ☐ 1:1 supervision ratio is required in the school or day program setting
- ☐ Multiple minor or adult siblings with disabilities in a single-parent home
- ☐ Disparate needs of siblings

RESPITE ASSESSMENT SUMMARY SCORE SHEET

Consumer: _____

SC/SSC: _____

Date: _____

- | | | |
|-------|---|----------------|
| I. | Age of Consumer(s) | Score: |
| II. | Activities of Daily Living | Score: |
| III. | Motor Ability | Score: |
| IV. | School / DP Attendance | Score: |
| V. | Medical Needs (A value of 4 or 6 requires an explanation of need) | Score: |
| <hr/> | | |
| VI. | Behavioral Needs | Score: |
| VII. | Special Circumstances: | |
| | Group 1 Score: | Group 2 Score: |
| | Group 3 Score: | Group 4 Score: |
| | Special Circumstances Combined Score: | |

Note: If any "group 3" special circumstances apply, the respite need should be reassessed every 3 months.

TOTAL SCORE:

Total Score

Family Preference:☐

In-Home Respite

☐

Out-of-Home Respite

☐Combination of In-Home and Out-of-Home**In-Home Respite/Hourly Rate:****Need:** _____

0-5 points	Routine supervision
6-10 points	12 hours per month
11-15 points	16 hours per month
16-19 points	18 hours per month
20-24 points	20 hours per month
25-29 points	24 hours per month
30-35 points	30 hours per month
35 + points	Expanded ID Team decision

Out-of-Home/Daily Rate (24-hour increments)**Need:** _____

0-6 points	Routine supervision
7-15 points	12 days per year
16-35 points	24 days per year

Combination of In-Home Respite and Out-of-Home (OOH) Respite:**Need:** _____

0-5 points	Routine supervision
6-10 points	6 hrs per month In-Home & 6 days per year OOH
11-15 points	8 hrs per month In-Home & 6 days per year OOH
16-19 points	9 hrs per month In-Home & 10 days per year OOH
20-24 points	10 hrs per month In-Home & 10 days per year OOH
25-29 points	12 hrs per month In-Home & 11 days per year OOH
30-35 points	15 hrs per month In-Home & 12 days per year OOH
35+ points	20 hrs per month In-Home & 15 days per year OOH

The regional center may grant an exemption for the respite limits if it is demonstrated that the intensity of the consumer's care and supervision needs are such that additional respite is necessary to maintain the consumer in the family home, or there is an extraordinary event that impacts the family member's ability to meet the care and supervision needs of the consumer.

RESPITE ASSESSMENT

Lanterman Consumers

Date: _____

Person Completing Form: _____

Consumer: _____

UCI# _____

Qualifying Diagnosis: _____

PRELIMINARY CONSIDERATIONS

- ☐ The consumer requires intensive medical monitoring or care including gastrostomy or nasal-gastric feedings, frequent suctioning, ventilator care, tracheostomy care and monitoring constant intravenous therapy or has multiple medical conditions requiring constant vigilance; do not complete the family respite assessment.
- ☐ Consumer displays severe or excessive behaviors daily and consumer has not been successful in traditional forms of respite.
- ☐ All available support systems are not being used. These include natural (extended family) and generic supports: EPSDT, NF Waiver, school programs and after school programs, parenting classes or HOBPT/BIS, etc.
- ☐ Does Consumer receive Protective Supervision through the IHSS program?
- ☐ Is the consumer able to be at home unsupervised for 4 hours or more?

If any of the boxes are checked or if the answer to either of the questions is "yes," consult your Program Manager.

Comments: _____

RESPITE ASSESSMENT

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Explain need:

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RESPITE ASSESSMENT SUMMARY SCORE SHEET

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| VI. | Behavioral Needs | Score: |
| VII. | Special Circumstances: | |
| | Group 1 Score: | Group 2 Score: |
| | Group 3 Score: | Group 4 Score: |
| | Special Circumstances Combined Score: | |

Note: If any "group 3" special circumstances apply, the respite need should be reassessed every 3 months.

TOTAL SCORE:

Total Score

Family Preference:

- ☐ In-Home Respite
- ☐ Out-of-Home Respite
- ☐ Combination of In-Home and Out-of-Home

In-Home Respite/Hourly Rate:

Need: _____

0-5 points	Routine supervision
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