

## **Meeting Minutes for the Executive Committee**

Executive Committee Members (Claire Lazaro, Katherine Torres, Ivan Johnson, Andrea Rueda, Tony Anderson)

Tom Bowe, Chair, VMRC Board President

Wednesday, November 8, 2017 Time: 6:00 PM

VMRC Stockton Office – Cohen Board Room, VMRC Stockton

DIAL-IN NUMBER: 1-866-299-7945 CONFERENCE PASSCODE 7793177#

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Meeting was brought to order at 6:06 pm by Tom Bowe

### **Review & Approval of Agenda: ACTION**

Tom Bowe asked for changes to the agenda and hearing none requested a motion to Approve the Agenda: **ACTION** Ivan moved, Andrea second, Katherine abstained, all others approved.

### **Approval of Minutes of October 4, 2017**

Tom Bowe asked for any changes to the minutes and hearing none requested a motion to Approve the minutes. **ACTION** Ivan moved, Claire seconded, Katherine abstained, all others approved.

## **Issues for Discussion**

### **Executive Director's Update**

Tony Anderson reported on the following activities:

Two new committees are now operational, the Legislative Committee chaired by Candice Bright, and the Bylaws committee, chaired by Katherine Torres. The legislative Committee met once and has mapped out activities to inform the regional center and the community of the changes in laws and the bylaws committee has met twice (could take action in the second meeting due to inadequate notice) but considerable work has begun from the first meeting.

Tony talked about the importance of partnering with mental health, said we haven't heard back on Mental Health Services Act grant, and that he attended the Open House for the San Joaquin County Wellness Center.

Continue to participate in several outreach events in support of providers and families. Finally Tony spoke about his mentoring meeting with Carlos Flores, Executive Director of San Diego Regional Center. He said he walked away with at least 10 new ideas and will begin implementing few ideas soon. One idea is focused on clarifying decision making. Tom Bowe inquired about the duties grid for executive director and board member which he learned about from an ARCA meeting. Tony reports he now has the current version and will get it to Tom Bowe for board dissemination.

## **Notable Consumer Incidents/Complaints and Vendor Issues**



Tony reported to the board we have two recent incidents of alleged crime and abuse of two of our consumers. Our QA staff are hard at work in ensuring the other consumers are not at risk and that the consumers receive victim services. The police are investigating in at least one of the incidents so we step back as to not interfere with the evidence gathering.

### **Union Update**

We currently have one grievance that I'm aware of and we just completed the first meeting in phase one of the grievance process. If our proposed resolutions are accepted the process ends otherwise it escalates to the next level.

### **Self Determination Advisory Committee**

Self-Determination has still not been approved yet but the workgroup is now focusing on the training and training rules for independent facilitators. Another big issue to be addressed is the Fiscal Service Managers and the timing on their funding of SDP person centered plans and budgets.

### **Other Matters**

Tom Bowe said we need to start talking about the Strategic Planning renewal since it expires at the end of June 2018.

We need to talk at the board meeting about whether or not the board was satisfied with the documents all being posted on the website. He said it is good to move forward with technology but the site is hard to navigate but maybe others might be okay we should discuss.

### **October Board Meeting Agenda Consent: Information/Education:**

Tom Bowe reported that we will have two presentations at the board meeting one from Dena Fifer (Dena's Advocacy Efforts) and the other from Kionna Gray (a consumer talking about employment).

### **Approval to Waive One-Month Information Period**

The Personnel and Finance Committees approved title changes for the two Human Resource generalists. There is no change in the job description and it's just a better fit for field of human resources. **ACTION:** Katherine moved and Ivan seconded: All approved.

### **Next Meeting**

Wednesday, December 6, 2017, at 6:00 pm, VMRC Stockton.



**Valley Mountain Regional Center  
Finance and Personnel Committee Meeting Minutes  
November 8, 2017**

Present: Ivan Johnson, Treasurer  
Tom Bowe , President  
Claire Lazaro, Vice President  
Andrea Rueda, Secretary  
Connie Uychutin, CLASP Representative  
Melissa Stiles, VMRC General Ledger Manager  
Bud Mullanix, VMRC Human Resources Director  
Elizabeth Victor-Martinez, Parent  
Katherine Torres, At Large  
Margaret Heinz, At Large

On the Phone: Tony Anderson, VMRC Executive Director

Guest: Jacqueline Price, Facilitator

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Committee actions noted in bold.

Ivan Johnson, Treasurer, brought the meeting to order at 5:33 pm,

1. Review of September 6, 2017 Meeting Minutes:

**M/S/C (BOWE/UYCHUTIN) to accept the minutes as presented.** Elizabeth Victor-Martinez abstained from voting.

2. Public Comment:

There was no public comment this month.

3. Acceptance of C.S.R. through September 2017:

DDS Operating Contracts to date total \$213,736,250.

The Contract Status Report shows POS expenditures for the Year-to-date total \$44,354,535, an increase of 5.7% over last year's Year-to-date total of \$44,956,275.

Operations expenditures Year-to-date total is \$6,306,869 compared to last year's Year-to-date total, of \$5,643,656, which represents an increase of 11.8%.

The VMRC owes the state \$38,243,864.

Key Fiscal Procedures are up to date.

**M/S/C (BOWE/MARTINEZ) to accept the Contract Status Report as presented.**





4. Review of Contracts over \$250,000:

M/S/C (BOWE/MARTINEZ) to approve the following contracts over \$250,000. One abstention, Uyichutin.

Vendor Name	Vendor #	Service Code	Vendor Category	Current Contract	Proposed Contract	Dollar Increase	% Rate Increase	Reasons for Increase
Inspired Behavioral Solution, Inc. ESAIP	PV1308	48	Client/ Parent Support Behavior Intervention Training	\$1,167,371	\$1,320,902	\$153,531	13.15%	Increase in consumers from 25 to 32 (28%)

Contracts with no change from previous year:				
Vendor Name	Vendor #	Service Code	Vendor Category	Current Contract
ARC san Joaquin Vocation Services -GP	HV0199	950	Supported Employment-Group	\$ 255,575
Arc San Joaquin Starting Out	HV0061	515	Behavior Management Program	\$ 1,214,783
ARC San Joaquin Starting Out	HV0014	510	Adult Development Center	\$ 933,815
Delta Star Home Care-Mercer	HV0295	113	Specialized Residential facility (Habilitation)	\$ 446,103
Paradise Residential Care	HV0415	113	Specialized Residential facility (Habilitation)	\$ 405,268

OPS Contracts		
Vendor Name	Contract Amount	Contracted Service
Nothing to report		

5. Job Title Change :

M/S/C (BOWE/LAZARO) to accept the job title change for both HR Assistance to HR Generalist.

6. Human Resources report:

There are 5 total vacancies, consisting of a Clinical Psychologist, three Service Coordinators, and a Clinical Manager of Nursing.

During the month of September there were no separations.





7. Executive Session:

There was no Executive Session this month.

8. Next Meeting:

The Finance and Personnel Committee will meet on Wednesday, December 6, 2017 at 5:30pm in the Stockton Office.

**The meeting was adjourned at 6:25pm.**



# Director's Report

(Submitted at the Board Meeting,  
December 11, 2017)



# Presentation

December 11, 2017



## ASSISTIVE TECHNOLOGY

VALLEY MOUNTAIN REGIONAL SERVICES  
CLINICAL SERVICES

### FIRST THINGS FIRST: WHO WE ARE?

#### The Mission:

The mission of Valley Mountain Regional Center (VMRC) is to support people with developmental disabilities as they enrich their lives through choices and inclusion. VMRC is committed to securing quality, individualized services in collaboration with families and the community.





VALLEY  
MOUNTAIN  
REGIONAL  
CENTER



## OUR GUIDING PRINCIPLES

### Vision “Life with the power of choice and possibilities”

- **QUALITY** • We meet the needs of the people we serve while simultaneously striving for excellence through ongoing self-examination and continuous improvement
- **RESPECT** • We value and understand the uniqueness of each individual. • We exhibit compassion and concern in our communications. • We recognize that respect is noticeable when it leads to greater productivity, satisfaction and improved relationships.

VALLEY  
MOUNTAIN  
REGIONAL  
CENTER



## OUR GUIDING PRINCIPLES

- **COMMITMENT** • We follow issues through to problem resolution. • We fulfill our promises to our constituents.
- **INTEGRITY** • We consistently exhibit honesty and fairness.
- **COMPASSION** • We actively listen and genuinely empathize with our constituents’ realities.
- **ACCOUNTABILITY** • We are committed to efficient and effective stewardship of resources.
- **OPEN COMMUNICATION** • We embrace a culture in which non-confidential information is actively and freely shared among stakeholders. • We engage all stakeholders in respectful dialogue to achieve the best results.



## SO WHAT'S IN YOUR JOB DESCRIPTION ???

**COACH**  
**LEADER**  
**LISTENER**  
**RESOURCES**  
**PRECEPTIVE**  
**TEAMMEMBER**  
**INSPIRER**  
**LEARNER**  
**ADVOCATE**  
**CHALLENGER**  
**TRAINER**  
**TEACHER**  
**COUNSELOR**

## WHAT IS ASSISTIVE TECHNOLOGY?

- According to the United States Assistive Technology Act of 1998, assistive technology (also called *adaptive technology*) refers to any "product, device, or equipment, whether acquired commercially, modified or customized, that is used to maintain, increase, or improve the functional capabilities of individuals with disabilities."



## CONGRESS FINDS THE FOLLOWING:

**Disability is a natural part of the human experience and in no way diminishes the right of individuals to**

- **Live independently;** enjoy self-determination and make choices;
- **Benefit from an education;**
- **Pursue meaningful careers;** and **Enjoy full inclusion** and integration in the economic, political, social, cultural, and educational mainstream of society in the United States

As technology has come to play an increasingly important role in the lives of all persons in the United States . . . Any development in mainstream technology would have profound implications for individuals with disabilities in the United States

(IDEA Sec 601)

## WHAT DOES THAT MEAN?

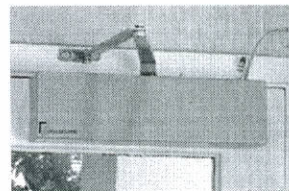
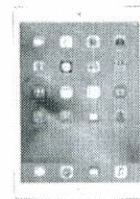
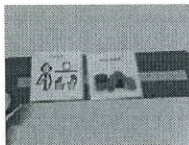
- That in order to meet the needs of our consumers. There are many options in assistive technology that is available.
- Assistive Technology can be “low-tech” (something very simple and low-cost, like a pencil grip), or “high-tech” (something sophisticated eye gaze computer).





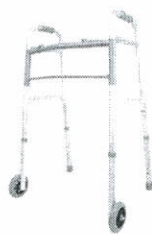
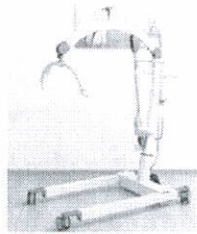
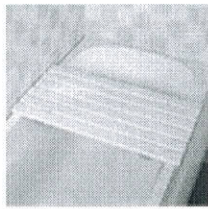


## "LOW TECH" TO "HIGH TECH"





Durable Medical Equipment is Assistive Technology too!



So . . . What does Assistive  
Technology do exactly?



## THE ENVIRONMENT

- **Devices and Modifications** allow increased control and opens up access to things in the environment.
- This includes electronic controls like switches, special keyboards or mice and remote controls. Modifications include residential ramps, bathroom modifications, automatic door openers and vehicle modifications/conversions

([www.pbs.org](http://www.pbs.org))

## SEATING, POSITIONING & MOBILITY

Occupational therapy practitioners ask, "What matters to you?" not, "What's the matter with you?"

<https://www.aota.org>





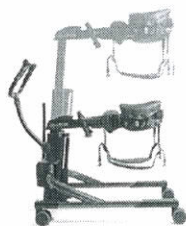
## VMRC OT CLINIC

- The OT Clinic serves to provide VMRC Consumers with the means of seating, positioning and mobility. This includes wheelchairs (manual and electric), Scooters, walkers, standers, gait trainers, activity seating and feeding chairs. OT assessments determine the most appropriate DME to accommodate the consumer's needs.



## HOME ENVIRONMENT

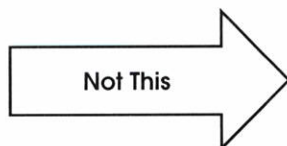
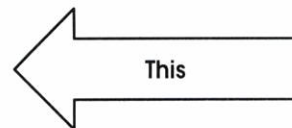
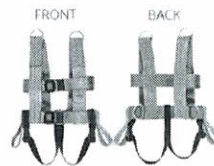
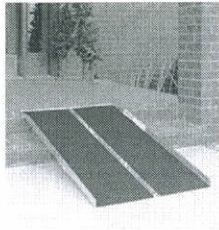
- Home evaluations are completed to assess for needs and for trials of DME. Follow up evaluations are completed to be sure the recommendations are meeting the consumers needs.







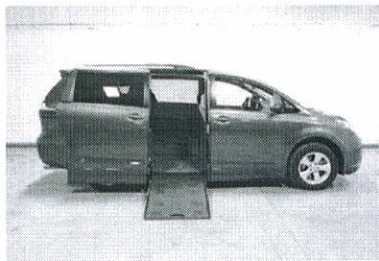
## SAFETY AND ACCOMMODATION





## VAN CONVERSION/ VEHICLE MODIFICATION

- Access- To the doctor, store, school, grandma's house.



### BMRC- Behavior Management Review

**Committee-** Insures that "restrictive" devices strollers, harness, belt buckles are not abused or used punitively. Not to infringe on the consumers rights of independence. BMRC is usually attended by a Representative from Clients Rights, VMRC Physician, the Service Coordinator, Assistant Director of Case Management and a Program Manager. This is completed when VMRC is funding for a restrictive device.

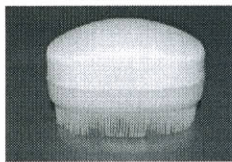




***Sensory Integration Disorder has many symptoms, all originating with the senses. Too much or not enough is the general rule. When it is extreme, this disorder interferes with the normal living and learning in daily life.***

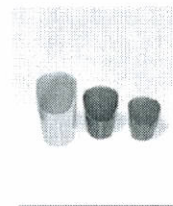
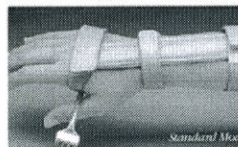
<http://www.sensory-processing-disorder.com/what-is-sensory-integration.html>

Occupational Therapists are tasked with finding the appropriate tools so the consumer may process information from their environment with more functionality.



## AIDES TO DAILY LIVING

- Special tools for daily activities, like oral hygiene, dressing or eating. This includes adapted utensils, plates and cups, non-skid surfaces.







## DEVELOPMENTAL GAIT CLINIC

- **Locomotion, whether independent walking, crutching walking, using a walker, or even driving a motorized wheelchair also requires balance, as well as object manipulation, mental focus, perceptual-motor skills, physical fitness, concentration, and motivation.** <http://www.atri.org>

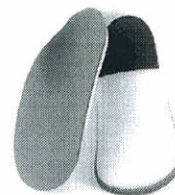
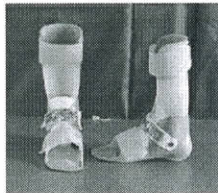


## WHAT HAPPENS

- A Physical Therapist and Pediatric Orthotist evaluate the consumers current needs and provide orthotics (AFOs SMOs or Chipmunks) as needed or other DME (gait trainer or stander). Parents are given exercises to complete at home specifically to improve the child's awareness, balance and to strengthen muscles, thus improving their gait. Gait Clinic is not on going physical therapy. Referrals are accepted for children up to the age of 8. There are exceptions on case by case need. Consumers are discharged after they have met their goals.



## ORTHOTICS



## GAIT TRAINERS



